



RECORD BOOK

**MINNESOTA INTERCOLLEGIATE
ATHLETIC CONFERENCE**

ANNUAL CHAMPIONS					
SEASON	TEAM CHAMPION	POINTS	INDIVIDUAL CHAMPION	TIME	COURSE
1981*	St. Thomas*		Debbie Thometz, St. Thomas*	17:37	Como-5K
1982	St. Thomas		Debbie Thometz, St. Thomas	17:49	Como-5K
1983	St. Thomas	38	Jennifer Hintz, St. Thomas	17:38	Como-5K
1984	St. Thomas	22	Julia Kirtland, Macalester	17:47	Como-5K
1985	St. Thomas	37	Julia Kirtland, Macalester	17:54	Como-5K
1986	St. Thomas		Julia Kirtland, Macalester	17:32	St. Olaf-5K
1987	St. Thomas	40	Shelly Scherer, Carleton	18:25	St. Olaf-5K
1988	St. Thomas	34	Anna Prineas, Carleton	17:42	St. Olaf-5K
1989	St. Thomas	46	Millicent Thweatt, Bethel	17:34	Como-5K
1990	Concordia	43	Chris Fredrick, Concordia	18:59	Como-5K
1991	Carleton	42	Moirra Petit, St. Olaf	19:38	St. Olaf-5K
1992	St. Thomas	50	Sarah Edmonds, Gustavus	18:06	Como-5K
1993	St. Olaf	38	Renae Brown, St. Olaf	18:47	Como-5K
1994	St. Olaf	71	Kelly Copps, St. Thomas	18:14	Como-5K
1995	St. Olaf	60	Tara Schneider, St. Thomas	19:08	Como-5K
1996	St. Thomas	44	Heather Phillips, St. Thomas	18:53	Como-5K
1997	St. Thomas	29	Kelly Faris, St. Thomas	19:17	St. Olaf-5K
1998	St. Olaf	51	Angie Voight, Bethel	18:06.3	Como-5K
1999	St. Olaf	46	Heather Phillips, St. Thomas	18:49.9	Como-5K
2000	St. Olaf	36	Kelly Faris, St. Thomas	18:23.2	Como-5K
2001	St. Olaf	72	Megan Daymont, St. Olaf	18:28.7	Como-5K
2002	St. Olaf	44	Megan Daymont, St. Olaf	18:15.7	Como-5K
2003	Gustavus	68	Koby Hagen, Macalester	18:46.0	Como-5K
2004	Carleton	71	Leah Wurm, Saint Benedict	18:53.3	Como-5K
2005	Carleton	75	Hailey Harren, Gustavus	21:53.8	Como-6K
2006	St. Thomas	73	Hailey Harren, Gustavus	21:51.57	Como-6K
2007	St. Thomas	74	Marie Borner, Bethel	21:56.1	Como-6K
2008	St. Thomas	66	Marie Borner, Bethel	21:43.0	Como-6K
2009	Carleton	65	Marie Borner, Bethel	22:00.7	Como-6K
2010	St. Olaf	53	Maren Westby, St. Olaf	22:00.7	Como-6K
2011	Carleton	33	Simone Childs-Walker, Carleton	21:39.3	Como-6K
2012	Gustavus	57	Taylor Berg, St. Thomas	21:39.3	Como-6K
2013	Carleton	51	Noelle Olson, St. Olaf	21:49.5	Como-6K
2014	Carleton	42	Ruth Steinke, Carleton	21:28.4	Como-6K
2015	Carleton	61	Kimber Meyer, Macalester	22:14.2	Como-6K
2016	St. Thomas	50	Taybri Irving, Augsburg	22:32.5	Como-6K
2017	Carleton	21	Meg Mathison, Carleton	21:57.3	St. Olaf-6K
2018	Carleton	32	Morgan Pierce, Saint Benedict	22:30.0	St. Olaf-6K
2019	Carleton	25	Amanda Mosborg, Carleton	21:33.6	Carleton-6K
2020	--		--		
2021	St. Olaf	37	Fiona Smith, Saint Benedict	21:28.6	St. Olaf-6K
2022	Carleton	27	Fiona Smith, Saint Benedict	21:14.6	Highland-6K
2023	Carleton	25	Fiona Smith, Saint Benedict	19:55.1	Carleton-6K
2024	St. Olaf	34	Hannah Preisser, Carleton	21:18.9	St. Olaf-6K



ANNUAL CHAMPIONS

<u>INSTITUTION</u>	<u>NO.</u>	<u>LAST TITLE</u>
University of St. Thomas	16	2016
Carleton College	13	2023
St. Olaf College	11	2024
Gustavus Adolphus College	2	2012
Concordia College	1	1990

ATHLETE OF THE YEAR

SCHOOL

1995	Tara Schneider.....	St. Thomas
1996	Heather Phillips	St. Thomas
1997	Kelly Faris	St. Thomas
1998	Angie Voight	Bethel
1999	Heather Phillips	St. Thomas
2000	Kelly Faris	St. Thomas
2001	Megan Daymont.....	St. Olaf
2002	Megan Daymont.....	St. Olaf
2003	Koby Hagen	Macalester
2004	Leah Wurm	Saint Benedict
2005	Hailey Harren	Gustavus
2006	Hailey Harren	Gustavus
2007	Marie Borner	Bethel
2008	Marie Borner	Bethel
2009	Marie Borner	Bethel
2010	Maren Westby.....	St. Olaf
2011	Simone Childs-Walker	Carleton
2012	Taylor Berg	St. Thomas
2013	Noelle Olson	St. Olaf
2014	Ruth Steinke	Carleton
2015	Kimber Meyer.....	Macalester
2016	Taybri Irving.....	Augsburg
2017	Meg Mathison	Carleton
2018	Morgan Pierce	Saint Benedict
2019	Amanda Mosborg.....	Carleton
2020	--	
2021	Fiona Smith	Saint Benedict
2022	Fiona Smith	Saint Benedict
2023	Fiona Smith	Saint Benedict
2024	Hannah Preisser	Carleton

ROOKIE OF THE YEAR

SCHOOL

2022	Hannah Preisser	Carleton
2023	Regan DeWitt	St. Scholastica
2024	Kate Fox.....	Macalester

COACH OF THE YEAR

SCHOOL

1995	Donna Ricks.....	Carleton
1996	John Skemp	Saint Mary's
1997	Joe Sweeney.....	St. Thomas
1998		
1999	Chris Daymont.....	St. Olaf
2000	Marv Roeske.....	Concordia
2001	Scott Jerome	Gustavus
2002	Chris Daymont.....	St. Olaf
2003	Scott Jerome	Gustavus
2004	Donna Ricks.....	Carleton
2005	Donna Ricks.....	Carleton
2006	Joe Sweeney.....	St. Thomas
2007	Joe Sweeney.....	St. Thomas
2008	Jim Timp	Bethel
2009	Donna Ricks.....	Carleton
2010	Chris Daymont.....	St. Olaf
2011	Donna Ricks.....	Carleton
2012	Dale Bahr	Gustavus
2013	Donna Ricks.....	Carleton
2014	Donna Ricks.....	Carleton
2015	Donna Ricks.....	Carleton
2016	Joe Sweeney.....	St. Thomas
2017	Donna Ricks.....	Carleton
2018	Donna Ricks.....	Carleton
2019	Donna Ricks.....	Carleton
2020	--	
2021	Erica Maker	St. Olaf
2022	Donna Ricks.....	Carleton
2022	Donna Ricks.....	Carleton
2023	Donna Ricks.....	Carleton
2024	Erica Maker	St. Olaf

1995		
Tara Schneider	St. Thomas	19:08
Liisa Johnson	St. Thomas	19:13
Kara Bloomquist	Gustavus	19:14
Heidi Sickler	Carleton	19:16
Megan Mackie	St. Olaf	19:27
Missy Petersen	Saint Benedict	19:35
Amy Ojard	St. Olaf	19:38
Sara Frykman	Gustavus	19:39
Jennifer Keeley	Carleton	19:39
Jordan Cushing	Macalester	19:40
Kirsten Trandem	St. Olaf	19:40
Kendra Johnson	Macalester	19:43
Connie Kremers	Saint Benedict	19:48
Laura Olson	St. Olaf	19:50
Andrea Mosher	Carleton	19:55

Honorable Mention

Dana Peterson	Gustavus	19:59
Kate Ainsworth	Carleton	19:59
Lisa Rensenbrink	Bethel	20:01
Jillian Strobel	Macalester	20:02
Deb Winters	Gustavus	20:05
Valerie Graeve	St. Thomas	20:06
Shannon Storschein	Carleton	20:07
Ann Gremel	St. Olaf	20:09
Danielle Barry	Bethel	20:10
Jody Brinkman	St. Catherine	20:11

1996		
Heather Phillips	St. Thomas	18:53
Melissa Schuch	St. Thomas	18:54
Heidi Sickler	Carleton	19:00
Rebekah Ormsby	Augsburg	19:14
Anna Leighton	St. Olaf	19:17
Andrea Mosher	Carleton	19:23
Stephanie Simones	Augsburg	19:24
Keri Gunderson	Hamline	19:25
Paula Elstrom	St. Thomas	19:26
Megan Mackie	St. Olaf	19:29
Sherri Lien	Saint Mary's	19:33
Carmen Hurd	Macalester	19:36
Marie Keller	St. Thomas	19:38
Missy Petersen	Saint Benedict	19:38
Alberta Anderson	St. Olaf	19:40

Honorable Mention

Katie Vanselow	Saint Benedict	19:41
Lauren Hafner	Carleton	19:43
Ami Kuisle	Saint Mary's	19:47
Liisa Johnson	St. Thomas	19:50
Erika Huber	Saint Mary's	19:52
Becca Wold	Gustavus	19:52
Erin Ward	St. Thomas	19:53
Jenna Boren	St. Olaf	19:56
Liz Connors	Macalester	19:57
Gail Teitzel	Carleton	19:57

1997		
Kelly Faris	St. Thomas	19:17
Heather Phillips	St. Thomas	19:20
Melissa Schuch	St. Thomas	19:24
Anna Leighton	St. Olaf	19:24
Becca Wold	Gustavus	19:27
Moriya McGovern	Saint Benedict	19:32
Paula Elstrom	St. Thomas	19:34
Keri Gunderson	Hamline	19:39
Missy Petersen	Saint Benedict	19:41
Megan Auger	Macalester	19:42
Sherri Lien	Saint Mary's	19:44
Sarah Eppler	Saint Mary's	19:45
Lauren Hafner	Carleton	19:46
Christina Vetter	St. Olaf	19:46
Katie Vanselow	Saint Benedict	19:54

Honorable Mention

Erin Ward	St. Thomas	19:54
Lynette Drexler	St. Catherine	19:55
Faith Eskola	Gustavus	19:56
Katie Milbrett	St. Olaf	19:57
Nicole Smith	St. Olaf	19:57
Anne Sateren	St. Olaf	19:59
Stephanie Simones	Augsburg	20:00
Emilie Miller	Macalester	20:01
Katie Sherman	Saint Benedict	20:04
Carleen Andert	St. Thomas	20:06

1998		
Angie Voight	Bethel	18:06.3
Yarrow Moenlh	Macalester	18:06.9
Liz Connors	Macalester	18:13.2
Heidi Brenden	Concordia	18:19.1
Katie Jorgenson	St. Catherine	18:21.9
Anne Sateren	St. Olaf	18:22.4
Jayna Mathieu	St. Olaf	18:31.1
Katie Milbrett	St. Olaf	18:31.5
Monika Deroussel	St. Catherine	18:32.7
Amanda Pischke	Macalester	18:33.1
Megan Auger	Macalester	18:34.2
Andrea Mosher	Carleton	18:34.6
Suzanne De Paulo	St. Olaf	18:39.7
Carleen Andert	St. Thomas	18:40.1
Faith Eskola	Gustavus	18:40.9

Honorable Mention

Heather Brenden	Concordia	18:42.3
Jenna Boren	St. Olaf	18:47.1
Moriya McGovern	Saint Benedict	18:50.7
Barb Breidenbach	Concordia	18:52.7
Heather Phillips	St. Thomas	18:53.2
Jenni Mooney	St. Thomas	18:54.0
Ann Fletchall	Gustavus	18:54.5
Andrea Kolar	St. Catherine	18:54.8
Danielle Barry	Bethel	18:56.5
Nicolle Smith	St. Olaf	18:57.1

1999

Heather Phillips	St. Thomas	18:49.9
Faith Eskola	Gustavus	18:51.8
Megan Daymont	St. Olaf	18:54.3
Christina Vetter	St. Olaf	18:56.7
Liz Connors	Macalester	19:09.6
Megan Auger	Macalester	19:13.8
Yarrow Moench	Macalester	19:15.9
Heather Brenden	Concordia	19:20.2
Kelly Faris	St. Thomas	19:21.5
Katie Milbrett	St. Olaf	19:26.6
Carleen Andert	St. Thomas	19:29.5
Anne Sateren	St. Olaf	19:31.0
Katie Martin	Concordia	19:34.3
Emily Nelson	Saint Benedict	19:37.4
Laura Bloedorn	Carleton	19:38.1

Honorable Mention

Chrissy Baune	Augsburg	19:38.5
Suzanne De Paulo	St. Olaf	19:39.1
Meg Courtnage	Carleton	19:40.5
Heidi Brenden	Concordia	19:47.3
Sarah Omann	Saint Benedict	19:47.7
Megan Magnall	St. Olaf	19:48.4
Gail Teitzel	Carleton	19:49.6
Emily Haley	St. Thomas	19:52.7
Andrea Sternberg	Macalester	19:54.5
Barb Breidenbach	Concordia	19:55.6

2000

Kelly Faris	St. Thomas	18:23.2
Heidi Brenden	Concordia	18:47.1
Megan Daymont	St. Olaf	18:59.4
Heather Brenden	Concordia	19:03.9
Liz Connors	Macalester	19:06.9
Anne Sateren	St. Olaf	19:08.5
Brigid Franey	St. Olaf	19:12.2
Katie Milbrett	St. Olaf	19:14.1
Katie Martin	Concordia	19:20.5
Angela Wolkowski	Bethel	19:28.6
Rachel Bjorklund	Bethel	19:29.0
Marit Grorud	St. Olaf	19:31.2
Chrissy Baune	Augsburg	19:32.6
Melinda Yale	Carleton	19:44.0
Laura Bloedorn	Carleton	19:49.8

Honorable Mention

Megan Magnall	St. Olaf	19:53.8
Laura Graen	Gustavus	20:00.1
Megan Call	St. Olaf	20:03.9
Beth Moen	Concordia	20:04.4
Katie Storlie	St. Olaf	20:08.2
Laura Moses	Gustavus	20:10.0
Lesley Benton	Macalester	20:10.4
Lisa Owen	Concordia	20:10.9
Andrea Grunst	Carleton	20:12.4
Melissa Grunst	Carleton	20:12.7

2001

Megan Daymont	St. Olaf	18:28.7
Kelly Faris	St. Thomas	18:35.9
Katie Martin	Concordia	18:47.9
Brigid Franey	St. Olaf	18:52.9
Jen Skalko	Gustavus	18:59.4
Chrissy Baune	Augsburg	18:59.8
Nichole Petersen	Gustavus	19:05.2
Angela Wolkowski	Bethel	19:09.9
Laura Bloedorn	Carleton	19:15.9
Muggy Lee	Carleton	19:19.4
Sonja Bostrom	St. Olaf	19:21.9
Nicole Gurgel	St. Thomas	19:22.3
Emily Nelson	Saint Benedict	19:28.3
Megan Rose	Saint Benedict	19:29.3
Beth Moen	Concordia	19:33.4

Honorable Mention

Laura Hudson	Carleton	19:44.3
Emily Scotton	Carleton	19:46.5
Ali Cordie	Gustavus	19:47.6
Nancy Buselmeier	Saint Benedict	19:48.5
Lisa Owen	Concordia	19:52.2
Stephanie Noonan	Saint Benedict	19:55.2
Marit Grorud	St. Olaf	19:58.0
Marnie Christensen	Macalester	19:58.3
Tasha Pike	Gustavus	20:00.5
Stacie Bulfer	Gustavus	20:00.7

2002

Megan Daymont	St. Olaf	18:14.7
Laura Bloedorn	Carleton	18:37.2
Nichole Petersen	Gustavus	18:50.3
Leah Wurm	Saint Benedict	19:11.6
Kari Koos	St. Olaf	19:15.4
Marit Grorud	St. Olaf	19:16.7
Tish Dusich	St. Thomas	19:18.4
Cassie Funke	Carleton	19:20.2
Nicole Gurgle	St. Thomas	19:27.6
Emily Koller	Macalester	19:30.1
Brenna Bray	St. Olaf	19:31.1
Corrin Hoffman	Hamline	19:35.1
Megan Rose	Saint Benedict	19:36.4
Nancy Buselmeier	Saint Benedict	19:39.1
Andrea Grunst	Carleton	19:40.4

Honorable Mention

Alison Traffanstedt	Carleton	19:41.8
Ali Cordie	Gustavus	19:42.3
Liz Sorenson	Concordia	19:42.6
Jen Skalko	Gustavus	19:43.0
Lisa Owen	Concordia	19:43.8
Meredith Fahrner	St. Olaf	19:44.4
Jill McKiernan	Carleton	19:45.8
Laura Grossmann	Hamline	19:48.9
Laura Hudson	Carleton	19:49.3
Brigid Power	St. Thomas	19:49.8

2003

Koby Hagen	Macalester	18:46
Jen Skalko	Gustavus	18:51
Nicole Gurgel	St. Thomas	18:52
Nichole Petersen	Gustavus	18:55
Leah Wurm	Saint Benedict	19:04
Brigid Power	St. Thomas	19:05
Erin Bengston	St. Olaf	19:07
Keidra Anderson	Hamline	19:13
Lisa Owen	Concordia	19:15
Amy Lyons	Bethel	19:17
Tasha Pike	Gustavus	19:17
Cindy Blendermann	Saint Benedict	19:17
Melissa Grunst	Carleton	19:18
Andrea Grunst	Carleton	19:18
Ellen Waldow	Augsburg	19:24

Honorable Mention

Kari Koos	St. Olaf	19:26
Erin Weier	St. Olaf	19:27
Marit Grorud	St. Olaf	19:29
Chelsea Guettinger	St. Thomas	19:30
Ellen Koranda	Saint Mary's	19:30
Laura Hudson	Carleton	19:30
Brenna Bray	St. Olaf	19:31
Corrin Hoffman	Hamline	19:31
Ali Cordie	Gustavus	19:35
Lindsay Boetcher	St. Olaf	19:36

2004

Leah Wurm	Saint Benedict	18:53.3
Cassie Funke	Carleton	19:07.8
Amy Lyons	Bethel	19:13.2
Keidra Anderson	Hamline	19:20.6
Erin Weier	St. Olaf	19:37.1
Nichole Petersen	Gustavus	19:37.7
Natalie Hanson	Concordia	19:39.1
Laura Hudson	Carleton	19:43.0
Brigid Power	St. Thomas	19:47.4
Lydia Davitt	Gustavus	19:48.0
Lacey Schrupp	Hamline	19:49.0
Chelsea Guettinger	St. Thomas	19:50.6
Ellen Waldow	Augsburg	19:58.5
Koby Hagen	Macalester	20:02.6
Francie Streich	Macalester	20:03.2

Honorable Mention

Nicole Gurgel	St. Thomas	20:03.9
Angie Bergeson	Augsburg	20:09.9
Becky Schaumberg	Carleton	20:13.1
Meghan Miller	Carleton	20:15.7
Tasha Pike	Gustavus	20:18.2
Kezia Manlove	St. Olaf	20:19.8
Briggs Rolfsrud	St. Catherine	20:21.9
Hannah Dietrich	Augsburg	20:22.6
Katherine Wingert	Carleton	20:23.1
Jennifer St. John	Concordia	20:25.9

2005

Hailey Harren	Gustavus	21:53.8
Keidra Anderson	Hamline	22:07.4
Kourtney Joyce	Gustavus	22:25.3
Jenna Carlson	St. Olaf	22:32.1
Leah Wurm	Saint Benedict	22:38.6
Sarah Schillaci	Carleton	23:03.0
Jenny Olin	St. Thomas	23:08.6
Koby Hagen	Macalester	23:13.0
Kate Meyer	Carleton	23:28.7
Emily Stafford	Macalester	23:30.9
Kristina Nixon	Carleton	23:38.5
Angie Bergeson	Augsburg	23:39.1
Katie Theisen	St. Thomas	23:39.5
Ashley Cronen	Gustavus	23:39.8
Kezia Manlove	St. Olaf	23:40.6

Honorable Mention

Anne Iddins	St. Thomas	23:52.9
Ellen Waldow	Augsburg	24:02.3
Melissa Francis	Hamline	24:02.5
Ronni Hamilton	St. Thomas	24:03.6
Annie Knutson	St. Olaf	24:03.7
Stephanie Block	St. Olaf	24:05.5
Sarah Estill	St. Olaf	24:06.1
Larisa Nordstrom	St. Olaf	24:08.4
Becky Schaumberg	Carleton	24:08.4
Karen Campbell	Carleton	24:12.9

2006

Hailey Harren	Gustavus	21:51.6
Nikki Umhoefer	Bethel	23:24.0
Katie Theisen	St. Thomas	23:24.6
Callie Pastarr	Macalester	23:27.3
Lacey Shrupp	Hamline	23:33.9
Erin Lowrey	Macalester	23:39.6
Sarah Bernhardtson	Gustavus	23:44.0
Karen Campbell	Carleton	23:44.2
Jenny Olin	St. Thomas	23:46.8
Melissa Francis	Hamline	23:47.3
Bergen Holzworth	Concordia	23:51.0
Erin Weier	St. Olaf	23:51.8
Rachel Charpentier	Concordia	23:52.1
Stephanie Block	St. Olaf	23:53.9
Kelly Russ	St. Thomas	23:58.1

Honorable Mention

Laura Roach	Carleton	24:01.5
Margot Branigan	Saint Benedict	24:03.2
Tera Bollig	Saint Mary's	24:04.6
Heather Hoecker	Carleton	24:05.8
Meghan Mayer	St. Thomas	24:06.6
Maggie Donahue	Saint Benedict	24:08.5
Jenna Carlson	St. Olaf	24:09.3
Kaylee Rasmussen	Saint Benedict	24:10.5
Kate Meyer	Carleton	24:14.7
Eva Luderowski	Carleton	24:15.1

2007

Marie Borner	Bethel	21:56
Katie Theisen	St. Thomas	22:03
Nikki Umhoefer	Bethel	22:09
Jenna Carlson	St. Olaf	22:47
Sarah Forzley	Carleton	22:48
Laura Edlund	Gustavus	22:56
Erin Lowrey	Macalester	22:57
Hailey Brenden	Concordia	23:01
Laura Roach	Carleton	23:01
Margot Branigan	Saint Benedict	23:06
Kelly Russ	St. Thomas	23:08
Jackie Kelly	St. Olaf	23:11
Julie Anderson	St. Thomas	23:13
Sarah Bernhardson	Gustavus	23:15
Heather Hoecker	Carleton	23:17

Honorable Mention

Maria Middleton	Concordia	23:19
Casey Baustian	St. Olaf	23:20
Kalsey Larson	St. Thomas	23:24
Ashley Cooper	Hamline	23:26
Kristin Haubrich	Saint Benedict	23:29
Megan Lundgren	Gustavus	23:30
Laura Cook	St. Olaf	23:30
Karen Campbell	Carleton	23:37
Irene Koplinka-Loehr	Carleton	23:39
Annie Knutson	St. Olaf	23:41

2008

Marie Borner	Bethel	21:11
Alex Potter	Bethel	21:56
Simone Childs-Walker	Carleton	22:04
Katie Theisen	St. Thomas	22:12
Hailey Brenden	Concordia	22:34
Annie Knutson	St. Olaf	22:35
Margot Branigan	Hamline	22:36
Laura Roach	Carleton	22:38
Brooke Beskau	Gustavus	22:39
Kaycee Knutson	Saint Benedict	22:46
Kelly Russ	St. Thomas	22:49
Erin Lowrey	Macalester	22:50
Jenna Carlson	St. Olaf	22:58
Kristin Mork	Bethel	23:00
Heather Jelen	Bethel	23:00

Honorable Mention

Allie Metzler	St. Thomas	23:04
Emma Spoon	St. Thomas	23:14
Raynee DeGrio	St. Thomas	23:15
Alson Smuth	Carleton	23:16
Karen Campbell	Carleton	23:18
Taylor Ffitch	Carleton	23:19
Michaela McLaughlin	St. Olaf	23:20
Margaret Ho	Macalester	23:23
Jennifer Lovering	Augsburg	23:25
Sara Burns	Hamline	23:28

2009

Marie Borner	Bethel	21:43
Simone Childs-Walker	Carleton	22:15
Margot Branigan	Hamline	22:37
Greta Sieve	St. Catherine	22:54
Taylor Ffitch	Carleton	22:56
Maren Westby	St. Olaf	22:58
Erin Lowrey	Macalester	23:04
Laura Roach	Carleton	23:12
Emma Lee	St. Olaf	23:12
Allie Metzler	St. Thomas	23:23
Kristin Mork	Bethel	23:25
Heather Jelen	Bethel	23:30
Alyx Chapman	Saint Benedict	23:35
Abby Smith	St. Olaf	23:40
Kelly Russ	St. Thomas	23:41

Honorable Mention

Tara McCoy	Macalester	23:47
Jessica Kociscak	Hamline	23:47
Kaycee Knutson	Saint Benedict	23:51
Taylor Berg	St. Thomas	23:53
Kim Rostvold	Gustavus	23:55
Alison Smyth	Carleton	23:56
Nikki Schminski	St. Thomas	24:01
Katie Drinane	Hamline	24:04
Danielle Burgmeier	Gustavus	24:07
Vanessa Jones	Gustavus	24:08

2010

Maren Westby	St. Olaf	22:00
Emma Lee	St. Olaf	22:01
Simone Childs-Walker	Carleton	22:24
Taylor Berg	St. Thomas	22:38
Jessica Kociscak	Hamline	22:44
Allie Metzler	St. Thomas	22:47
Kate Eggers	Gustavus	22:56
Alison Smyth	Carleton	23:01
Kayla Jelen	Bethel	23:09
Erin Statz	St. Thomas	23:10
Kim Rostvold	Gustavus	23:10
Alex Potter	Bethel	23:13
Elizabeth Hauer	Gustavus	23:15
Cara Donohue	Bethel	23:19
Sophie Pietrick	St. Olaf	23:22

Honorable Mention

Hannah Dennis	St. Olaf	23:24
Kristin Mork	Bethel	23:33
Kaycee Knutson	Saint Benedict	23:36
Rachel Dean	St. Olaf	23:38
Sara Holland	Hamline	23:43
Taylor Ffitch	Carleton	23:44
Christine Muller	St. Olaf	23:51
Megan Smith	Saint Benedict	23:51
Katie Schwarz	Saint Benedict	23:52
Tara McCoy	Macalester	23:54

2011

Simone Childs-Walker	Carleton	22:06
Alison Smyth	Carleton	22:15
Rachael Klehm	Carleton	22:18
Taylor Berg	St. Thomas	22:25
Erin Statz	St. Thomas	22:32
Maren Westby	St. Olaf	22:35
Taylor Ffitch	Carleton	22:43
Christine Muller	St. Olaf	22:46
Kate Eggers	Gustavus	22:50
Brooke Beskau	Gustavus	22:55
Emma Lee	St. Olaf	23:01
Bailey Drewes	Saint Benedict	23:04
Becca Bevans	St. Olaf	23:08
Sophie Pietrick	St. Olaf	23:11
Elizabeth Hauer	Gustavus	23:14

Honorable Mention

Larissa Peyton	St. Thomas	23:19
Rachel Dean	St. Olaf	23:22
Kaycee Knutson	Saint Benedict	23:26
Sara Holland	Hamline	23:27
Becca Herd	Carleton	23:28
Rebecca Hare	Gustavus	23:28
Kasey Petersen	Concordia	23:31
Kaitlin Randolph	Carleton	23:37
Molly Gillberg	Bethel	23:38
Hannah Dennis	St. Olaf	23:38

2012

Taylor Berg	St. Thomas	21:39
Jorden Johnson	St. Olaf	21:54
Emma Lee	St. Olaf	22:01
Rebecca Hare	Gustavus	22:29
Caitlin Fermoye	Gustavus	22:33
Erin Statz	St. Thomas	22:40
Maria Theisen	Hamline	22:40
Lauren Rice	Augsburg	22:43
Ruth Steinke	Carleton	22:55
Kate Eggers	Gustavus	22:56
Shira Kaufman	Carleton	22:59
Elizabeth Hauer	Gustavus	23:01
Becca Bevans	St. Olaf	23:08
Colette Celichowski	Carleton	23:11
Sally Donovan	Carleton	23:12

Honorable Mention

Cathleen Gross	Saint Benedict	23:12
Rachel Gunsalus	Macalester	23:16
Hannah Knickerbocker	Concordia	23:18
Rachael Klehm	Carleton	23:22
Maggie Exner	St. Olaf	23:24
Haley Johnson	Carleton	23:27
Andi Gomoll	St. Olaf	23:27
Kelsie Larson	Saint Benedict	23:29
Sophie Pietrick	St. Olaf	23:29
Ailee Larson	St. Catherine	23:31

2013

Noelle Olson	St. Olaf	21:49.5
Jorden Johnson	St. Olaf	22:30.3
Ailee Larson	St. Catherine	22:38.2
Kimber Meyer	Macalester	22:53.0
Colette Celichowski	Carleton	22:55.3
Winona Rachel	Carleton	23:01.1
Ruth Steinke	Carleton	23:06.6
Manon Gammon-Deering	Saint Benedict	23:08.4
Anna Schmitz	Macalester	23:10.1
Megan Terukina	St. Thomas	23:21.1
Katie Stolz	Saint Mary's	23:23.9
Caitlin Fermoye	Gustavus	23:24.7
Rebecca Hare	Gustavus	23:31.4
Hannah Toedter	Hamline	23:32.3
Kazia Mermel	Carleton	23:32.3

Honorable Mention

Michaela Banz	St. Olaf	23:34.0
Melissa Uhrich	Concordia	23:34.2
Shira Kaufman	Carleton	23:42.2
Maria Theisen	Hamline	23:43.5
Tera Hereid	Bethel	23:44.7
Allison Trezona	St. Olaf	23:46.1
Heather Hollinger	Hamline	23:46.2
Laura Nakasaka	Carleton	23:46.6
Jenna O'Donnell	Saint Benedict	23:46.9
Kelsie Larson	Saint Benedict	23:49.8

2014

Ruth Steinke	Carleton	21:28.4
Kimber Meyer	Macalester	21:35.6
Erin Statz	St. Thomas	22:12.2
Colette Celichowski	Carleton	22:15.0
Annika Halverson	Bethel	22:19.1
Manon Gammon-Deering	Saint Benedict	23:08.4
Caitlin Fermoye	Gustavus	22:30.8
Jamie Hoornaert	St. Olaf	22:40.4
Dorrian Jaffe	Carleton	22:41.6
Jorden Johnson	St. Olaf	22:41.8
Piper Bain	St. Olaf	22:46.5
Amy Waananen	St. Olaf	22:46.6
Nicole Nipper	Carleton	22:56.2
Mira Ensley-Field	Macalester	22:58.9
Sally Donovan	Carleton	22:59.0

Honorable Mention

Andrea Haus	Hamline	23:01.3
Jordan Lutz	St. Olaf	23:01.5
Alex Fossum	St. Thomas	23:03.1
Michaela Banz	St. Olaf	23:07.7
Brooke Rasmussen	Saint Benedict	23:09.4
Kelsey Coulter	St. Olaf	23:10.3
Jenna O'Donnell	Saint Benedict	23:11.7
Morghen Philippi	St. Olaf	23:14.7
Kate Mares	St. Thomas	23:15.6
Emily Gapinski	St. Thomas	23:17.0

2015		
Kimber Meyer	Macalester	22:14.2
Annika Halverson	Bethel	22:34.8
Piper Bain	St. Olaf	22:43.7
Ruth Steinke	Carleton	22:49.1
Emily Gapinski	St. Thomas	22:54.7
Morghen Philippi	St. Olaf	22:55.7
Taybri Irving	Augsburg	23:02.9
Emily Kaegi	Carleton	23:04.0
Jamie Hoornaert	St. Olaf	23:06.2
Brooke Rasmussen	Saint Benedict	23:10.6
Bridget McGivern	St. Thomas	23:16.1
Samantha Schnirring	Carleton	23:16.4
Marit Sonnesyn	Gustavus	23:18.8
Dorrian Jaffe	Carleton	23:19.9
Kaya Baker	Concordia	23:22.7

Honorable Mention

Lauren Shurson	Gustavus	23:25.9
Alex Fossum	St. Thomas	23:26.1
Kiley Green	Saint Benedict	23:33.6
Megan Terukina	St. Thomas	23:35.4
Kayla Janto	St. Thomas	23:39.0
Sarah Johnathan	Macalester	23:39.1
Mattia Hendrickson	Saint Benedict	23:49.1
Pombie Silverman	Carleton	23:51.5
Lindsey Chavez	Carleton	23:55.4
Brianna Gruenberg	Concordia	23:57.9

2016		
Taybri Irving	Augsburg	22:32.5
Kimber Meyer	Macalester	22:41.5
Alex Fossum	St. Thomas	22:48.4
Mary Naas	St. Olaf	22:54.4
Emily Kaegi	Carleton	23:08.7
Sam Schnirring	Carleton	23:14.3
Kayla Janto	St. Thomas	23:19.2
Bridget McGivern	St. Thomas	23:21.0
Jamie Hoornaert	St. Olaf	23:27.7
Allison Kosobud	Saint Benedict	23:28.1
Calire Trujillo	Carleton	23:30.0
Jenny Walz	St. Thomas	23:32.0
Taylor Loth	Saint Benedict	23:32.8
Emma Weber	Saint Benedict	23:33.1
Rachel Hall	St. Catherine	23:45.2

Honorable Mention

Bryony Hawgood	St. Olaf	23:47.3
Leighlin Ahlstrom	St. Catherine	23:47.9
Meredith Moore	St. Olaf	23:50.6
Sadie Novak-Klug	Gustavus	23:51.3
Sara Ness	St. Thomas	23:51.7
Laura Nakasaka	Carleton	23:56.3
Jordan Lutz	St. Olaf	23:57.5
Brianna Gruenberg	Concordia	24:00.3
Marietta Geist	Carleton	24:01.9
Grace Loeslie	St. Thomas	24:02.7

2017		
Meg Mathison	Carleton	21:57.3
Emily Kaegi	Carleton	21:59.6
Annika Halverson	Bethel	22:10.3
Amanda Mosborg	Carleton	22:34.8
Anna Hage	Bethel	22:41.6
Samantha Schnirring	Carleton	22:42.2
Bryony Hawgood	St. Olaf	22:45.8
Emma Greenlee	Carleton	22:50.1
Sadie Klug	Gustavus	22:54.6
Jordan Lutz	St. Olaf	22:55.7
Fiona Casey	Carleton	22:58.8
Ruthie Boyd	Carleton	23:04.8
Ali Glassbrenner	St. Thomas	23:09.4
Jena Moody	St. Olaf	23:13.8
Melissa Marsh	St. Thomas	23:15.0

Honorable Mention

Sara Ness	St. Thomas	23:16.3
Jenny Walz	St. Thomas	23:17.7
Jenny Launder	St. Thomas	23:18.9
Mary Naas	St. Olaf	23:21.2
Briana Paulsen	St. Olaf	23:23.4
Becca Wilkin	St. Thomas	23:25.3
Marlee Yost-Wolff	Macalester	23:25.7
Olivia Rosenow	Gustavus	23:26.1
Amber Matzoll	St. Thomas	23:26.2
Morgan Pierce	Saint Benedict	23:28.5

2018		
Morgan Pierce	Saint Benedict	22:30.0
Emma Greenlee	Carleton	22:40.1
Amanda Mosborg	Carleton	22:42.8
Lisa Fisher	St. Olaf	22:49.0
Madeline Dopp	Hamline	22:49.0
Bryony Hawgood	St. Olaf	22:51.5
Samantha Schnirring	Carleton	22:53.8
Helen Dolan	Hamline	23:03.7
Marietta Geist	Carleton	23:04.5
Abby Goff	Saint Benedict	23:06.5
Helen Schuda	Carleton	23:07.8
Sarah Nazarino	Carleton	23:09.5
Olivia Moll	St. Thomas	23:17.2
Becca Wilkin	St. Thomas	23:18.8
Riley McMahon	St. Catherine	23:19.3

Honorable Mention

Martha Hubbell	St. Thomas	23:20.3
Katie Brueckman	St. Thomas	23:21.3
Malakai Holloway	Bethel	23:26.4
Jenny Launder	St. Thomas	23:26.4
Bernadette Hayden	Hamline	23:31.0
Tierney Winter	Gustavus	23:31.9
Alia Benedict	Macalester	23:32.4
Amber Matzoll	St. Thomas	23:37.4
Molly Clarke	St. Thomas	23:40.1
Fiona Casey	Carleton	23:43.9

2019

Amanda Mosborg	Carleton	21:33.6
Tierney Winter	Gustavus	21:56.9
Clara Mayfield	Carleton	22:00.7
Bryony Hawgood	St. Olaf	22:03.7
Helen Dolan	Hamline	22:04.0
Marietta Geist	Carleton	22:26.0
Emma Greenlee	Carleton	22:27.1
Sophia Maag	Carleton	22:28.5
Lisa Fisher	St. Olaf	22:29.6
Helen Schuda	Carleton	22:32.2
Olivia Moll	St. Thomas	22:33.6
Sara Ness	St. Thomas	22:33.8
Jenny Launder	St. Thomas	22:36.5
Meritt Miller	Concordia	22:38.7
Katie Breuckman	St. Thomas	22:42.3

Honorable Mention

Ellen Mickelson	St. Olaf	22:46.0
Sara Miller	St. Thomas	22:47.1
Kourtney Kulseth	Gustavus	22:47.6
Molly Clarke	St. Thomas	22:55.1
Alexandra Maddux	Hamline	22:59.1
Ruthie Boyd	Carleton	22:59.9
Stephanie Balas	St. Olaf	23:11.4
Tracy Renier	Saint Benedict	23:11.9
Iliana Ramon	Gustavus	23:11.9
Carly Scheuerman	St. Thomas	23:12.1

2020

No championship due to COVID-19 pandemic

2021

Fiona Smith	Saint Benedict	21:28.6
Clara Mayfield	Carleton	21:39.1
Ellen Mickelson	St. Olaf	22:51.7
Helen Cross	Carleton	23:02.0
Maj Lis Helmer	St. Scholastica	23:07.7
Julia Everest	St. Olaf	23:09.2
Sofia Carlson	St. Olaf	23:10.4
Bella Call	St. Olaf	23:10.6
Libby Rowland	Carleton	23:21.3
Elizabeth Donnelly	Gustavus	23:21.7
Phoebe Ward	Carleton	23:24.4
Grace Cole	Bethel	23:25.2
Sam Posey	St. Olaf	23:27.1
Alexandra Maddux	Hamline	23:27.6
Evelyn Villalobos	Gustavus	23:28.1

Honorable Mention

Maria Blaesing	Macalester	23:28.5
Mary Blanchard	Carleton	23:35.8
Tracy Renier	Saint Benedict	23:41.5
Mackinzee Miest	Gustavus	23:43.5
Sophie McManus	Carleton	23:43.9
Alison Bode	St. Olaf	23:46.7
Raina Moorjani	Bethel	23:47.6
Erika Swanson	Bethel	23:58.3
Sophie Call	St. Olaf	24:01.4
Emily DeMorett	Saint Benedict	24:03.6

2022

Fiona Smith	Saint Benedict	21:14.6
Clara Mayfield	Carleton	21:42.8
Hanna Preisser	Carleton	22:15.5
Sophie McManus	Carleton	22:53.9
Phoebe Ward	Carleton	22:58.0
Bella Call	St. Olaf	23:03.6
Julia Everest	St. Olaf	23:04.9
Alison Bode	St. Olaf	23:06.5
Evelyn Villalobos	Gustavus	23:07.9
Lauren Walda	St. Olaf	23:17.4
Katie Gebert	St. Olaf	23:19.0
Maj Lis Helmer	St. Scholastica	23:27.0
Helen Cross	Carleton	23:28.0
Libby Rowland	Carleton	23:36.5
Anne Kiolbasa	Saint Benedict	23:43.5

Honorable Mention

Grace Moeller	St. Olaf	23:46.6
Sophie Abernethy	St. Olaf	23:51.4
Mary Blanchard	Carleton	23:56.2
Aliya Larsen	Carleton	23:58.0
Josie Harms	Bethel	24:04.6
Sofia Carlson	St. Olaf	24:07.6
Mary Kenney	Saint Benedict	24:12.1
Maggie Froh	Macalester	24:15.8
Alexandra Maddux	Hamline	24:17.6
Sky Theodosopolous	Macalester	24:20.5

2023

Fiona Smith	Saint Benedict	19:55.1
Hannah Preisser	Carleton	21:55.1
Phoebe Ward	Carleton	21:31.4
Helen Cross	Carleton	21:47.9
Lauren Walda	St. Olaf	21:54.5
Allison Hendrickson	St. Scholastica	21:59.7
Sophie McManus	Carleton	22:09.0
Katie Gebert	St. Olaf	22:11.5
Aliya Larsen	Carleton	22:18.1
Mary Blanchard	Carleton	22:26.6
Bella Call	St. Olaf	22:27.4
Julia Everest	St. Olaf	22:29.4
Anne Kiolbasa	Saint Benedict	22:39.9
Libby Rowland	Carleton	22:46.4
Grace Moeller	St. Olaf	22:50.2

Honorable Mention

Josie Harms	Bethel	22:53.5
Regan DeWitt	St. Scholastica	22:56.6
Sophie Abernethy	St. Olaf	22:58.6
Ella Landis	St. Olaf	23:00.8
Maj Lis Helmer	St. Scholastica	23:03.1
Nora Daley	Carleton	23:17.4
Alison Bode	St. Olaf	23:18.3
Keiley Maahs	Saint Benedict	23:20.9
Anna Cargill	Bethel	23:22.2
Ivy Coldren	Macalester	23:25.9

2024

Hannah Preisser	Carleton	21:18.9
Alison Bode	St. Olaf	22:04.4
Lauren Walda	St. Olaf	22:08.3
Sophie McManus	Carleton	22:24.5
Molly Liston	Gustavus	22:40.9
Aliya Larsen	Carleton	22:47.5
Ella Landis	St. Olaf	22:51.5
Regan DeWitt	St. Scholastica	22:52.7
Kate Fox	Macalester	22:54.9
Isabel Wyatt	St. Olaf	22:57.8
Sydney Hagen	Gustavus	22:58.1
Grace Moeller	St. Olaf	23:02.0
Grace McCormick	St. Scholastica	23:08.3
Ruby Gernandt	Bethel	23:10.7
Josie Harms	Bethel	23:13.1

Honorable Mention

Greta Leitheiser	St. Scholastica	23:17.9
Sophie Abernethy	St. Olaf	23:20.3
Anna Cargill	Bethel	23:21.9
Libby Rowland	Carleton	23:24.0
Molly Kate McCloskey	St. Olaf	23:26.0
Mya Slavin	Saint Mary's	23:28.7
Abigale Lindquist	St. Olaf	23:29.3
Kelsey Johannes	St. Scholastica	23:34.2
Lucy Lyngen	Saint Benedict	23:40.8
Nora Daley	Carleton	23:41.4

FOUR-TIME ALL-CONFERENCE HONOREES (13)

Kelly Faris, St. Thomas	1997-99-00-01
Laura Bloedorn, Carleton	1999-00-01-02
Megan Daymont, St. Olaf	1999-00-01-02
Nichole Petersen, Gustavus	2001-02-03-04
Leah Wurm, Saint Benedict	2002-03-04-05
Katie Theisen, St. Thomas	2005-06-07-08
Erin Lowrey, Macalester	2006-07-08-09
Kelly Russ, St. Thomas	2006-07-08-09
Simone Childs-Walker, Carleton	2008-09-10-11
Emma Lee, St. Olaf	2009-10-11-12
Erin Statz, St. Thomas	2010-11-12-14
Ruth Steinke, Carleton	2012-13-14-15
Kimber Meyer, Macalester	2013-14-15-16
Samantha Schnirring, Carleton	2015-16-17-18



Kimber Meyer became a four-time All-Conference honoree in 2016.

THREE-TIME ALL-CONFERENCE HONOREES (39)

Andrea Mosher, Carleton.....	1995-96-98
Missy Petersen, Saint Benedict	1995-96-97
Megan Auger, Macalester	1997-98-99
Heather Phillips, St. Thomas	1996-97-99
Liz Connors, Macalester	1998-99-00
Katie Milbrett, St. Olaf	1998-99-00
Anne Sateren, St. Olaf.....	1998-99-00
Katie Martin, Concordia.....	1999-00-01
Nicole Gurgel, St. Thomas	2001-02-03
Keidra Anderson, Hamline.....	2003-04-05
Koby Hagen, Macalester	2003-04-05
Jenna Carlson, St. Olaf	2005-07-08
Marie Borner, Bethel	2007-08-09
Margot Branigan, HU/CSB.....	2007-08-09
Laura Roach, Carleton.....	2007-08-09
Maren Westby, St. Olaf	2009-10-11
Taylor Berg, St. Thomas.....	2010-11-12
Kate Eggers, Gustavus	2010-11-12
Elizabeth Hauer, Gustavus	2010-11-12
Colette Celichowski, Carleton.....	2012-13-14
Caitlin Fermoye, Gustavus	2012-13-14
Jorden Johnson, St. Olaf.....	2012-13-14
Jamie Hoornaert, St. Olaf.....	2014-15-16
Annika Halverson, Bethel.....	2014-15-17
Emily Kaegi, Carleton.....	2015-16-17
Emma Greenlee, Carleton.....	2017-18-19
Amanda Mosborg, Carleton	2017-18-19
Bryony Hawgood, St. Olaf	2017-18-19
Clara Mayfield, Carleton.....	2019-21-22
Helen Cross, Carleton.....	2021-22-23
Libby Rowland, Carleton	2021-22-23
Phoebe Ward, Carleton.....	2021-22-23
Fiona Smith, Saint Benedict.....	2021-22-23
Bella Call, St. Olaf.....	2021-22-23
Julia Everest, St. Olaf.....	2021-22-23
Hannah Preisser, Carleton.....	2022-23-24
Sophie McManus, Carleton	2022-23-24
Lauren Walda, St. Olaf.....	2022-23-24

TOP 15 6K TIMES

19:55.1	Fiona Smith, Saint Benedict	2023
21:11.0	Marie Borner, Bethel	2008
21:14.6	Fiona Smith, Saint Benedict	2022
21:18.9	Hannah Preisser, Carleton	2024
21:28.4	Ruth Steinke, Carleton	2014
21:28.6	Fiona Smith, Saint Benedict	2021
21:29.3	Hannah Preisser, Carleton	2023
21:31.4	Phoebe Ward, Carleton	2023
21:33.6	Amanda Mosborg, Carleton	2019
21:35.6	Kimber Meyer, Macalester	2014
21:39.0	Taylor Berg, St. Thomas	2012
21:39.1	Clara Mayfield, Carleton	2021
21:42.8	Clara Mayfield, Carleton	2022
21:43.0	Marie Borner, Bethel	2009

<u>SCHOOL</u>	<u>CHAMPIONSHIPS</u>	<u>BEST FINISH</u>	<u>LOW SCORE</u>
St. Thomas	16 (1982-83-84-85-86-87-88-89-91-92-96-97-2006-07-08-16)	1st (2016)	22 (1984)
Carleton	13 (1991-2004-05-09-11-13-14-15-17-18-19-22-23)	1st (2022)	21 (2017)
St. Olaf	11 (1993-94-95-98-99-2000-01-02-10-21-24)	1st (2021)	36 (2000)
Gustavus	2 (2003-12)	1st (2012)	57 (2012)
Concordia	1 (1990)	1st (1990)	43 (1990)
Augsburg	--	6th (2004)	142 (1994)
Bethel	--	2nd (2009)	68 (2008)
Hamline	--	4th (1985)	116 (1985)
Macalester	--	2nd (1999)	60 (1998)
Saint Benedict	--	2nd (1994)	59 (1992)
Saint Mary's	--	5th (1996)	170 (1996)
St. Catherine	--	5th (1998)	121 (1998)
St. Scholastica	--	8th (2022)	201 (2021)

<u>SCHOOL</u>	<u>INDIVIDUAL CHAMPIONS</u>
St. Thomas	8 (1982-83-94-95-96-97-99-2000)
Carleton	7 (1987-88-2011-14-17-19-24)
St. Olaf	7 (1991-93-2001-02-10-12-13)
Saint Benedict	5 (2004-18-21-22-23)
Bethel	5 (1989-98-2007-08-09)
Macalester	5 (1984-85-86-2003-15)
Gustavus	3 (1992-2005-06)
Augsburg	1 (2016)
Concordia	1 (1990)

1983
Como Golf Course – St. Paul, Minn.

1.	St. Thomas	38
2.	Concordia	82
3.	Carleton	92
4.	St. Olaf	119
5.	Gustavus	130
6.	Macalester	140
7.	Bethel	145
8.	St. Catherine	145
9.	Hamline	INC

1984
Como Golf Course – St. Paul, Minn.

1.	St. Thomas	22
2.	Concordia	75
3.	Carleton	113
4.	Hamline	132
5.	St. Olaf	135
6.	Macalester	169
7.	Gustavus	179
8.	St. Catherine	210
9.	Augsburg	INC
10.	Saint Mary's	INC

1985
Como Golf Course – St. Paul, Minn.

1.	St. Thomas	37
2.	Carleton	80
3.	Concordia	93
4.	Hamline	116
5.	Macalester	122
6.	St. Olaf	134
7.	Saint Benedict	163
8.	Gustavus	182
9.	Saint Mary's	270
10.	St. Catherine	294
11.	Augsburg	INC
12.	Bethel	INC

1987
St. Olaf College – Northfield, Minn.

1.	St. Thomas	40
2.	St. Olaf	52
3.	Carleton	69
4.	Concordia	118
5.	Gustavus	179
6.	Saint Benedict	179
7.	Hamline	220
8.	Macalester	221
9.	Saint Mary's	237
10.	Bethel	277
11.	St. Catherine	289

1988
St. Olaf College – Northfield, Minn.

1.	St. Thomas	34
2.	St. Olaf	59
3.	Carleton	61
4.	Concordia	124
5.	Bethel	133
6.	Saint Benedict	156
7.	Gustavus	206
8.	St. Catherine	266
9.	Hamline	275
10.	Macalester	283
11.	Saint Mary's	286

1989
Como Golf Course – St. Paul, Minn.

1.	St. Thomas	46
2.	Concordia	55
3.	Carleton	65
4.	St. Olaf	78
5.	Bethel	139
6.	Saint Benedict	163
7.	Macalester	214
8.	Hamline	242
9.	Saint Mary's	252
10.	Gustavus	274
11.	St. Catherine	325

ALL-TIME CHAMPIONSHIP RESULTS

1990

Como Golf Course – St. Paul, Minn.

1.	Concordia	43
2.	St. Thomas	47
3.	Carleton	93
4.	St. Olaf	109
5.	Macalester	135
6.	Saint Benedict	168
7.	Bethel	170
8.	Hamline	249
9.	St. Catherine	251
10.	Gustavus	280
11.	Saint Mary's	INC

1991

Nov. 6 – St. Olaf College – Northfield, Minn.

1.	St. Thomas	42
1.	Carleton	42
3.	St. Olaf	93
4.	Macalester	116
5.	Saint Benedict	119
6.	Concordia	149
7.	Bethel	238
8.	Saint Mary's	245
9.	Augsburg	256
10.	Gustavus	271
11.	Hamline	298
12.	St. Catherine	333

1992

Oct. 31 – Como Golf Course – St. Paul, Minn.

1.	St. Thomas	50
2.	Saint Benedict	59
3.	St. Olaf	81
4.	Gustavus	89
5.	Macalester	112
6.	Carleton	128
7.	Concordia	182
8.	Bethel	248
9.	Augsburg	249
10.	Saint Mary's	285
11.	Hamline	320

1993

Oct. 30 – Como Golf Course – St. Paul, Minn.

1.	St. Olaf	38
2.	Carleton	94
3.	Gustavus	103
4.	St. Thomas	106
5.	Macalester	108
6.	Saint Benedict	117
7.	Bethel	155
8.	Concordia	237
9.	Augsburg	251
10.	Saint Mary's	273
11.	St. Catherine	337
12.	Hamline	350

1994

Oct. 29 – Como Golf Course – St. Paul, Minn.

1.	St. Olaf	71
2.	Saint Benedict	74
3.	Carleton	113
4.	Macalester	131
5.	St. Thomas	136
6.	Augsburg	142
7.	Gustavus	143
8.	Bethel	206
9.	St. Catherine	223
10.	Concordia	245
11.	Saint Mary's	310
12.	Hamline	314

1995

Oct. 28 – Como Golf Course – St. Paul, Minn.

1.	St. Olaf	60
2.	Carleton	67
3.	Gustavus	86
4.	St. Thomas	90
5.	Saint Benedict	127
6.	Macalester	129
7.	Bethel	197
8.	Saint Mary's	237
9.	St. Catherine	244
10.	Hamline	273
11.	Concordia	303

1996

Oct. 26 – Como Golf Course – St. Paul, Minn.

1.	St. Thomas	44
2.	St. Olaf	83
3.	Carleton	84
4.	Saint Benedict	136
5.	Saint Mary's	138
6.	Macalester	170
7.	Gustavus	186
8.	Augsburg	209
9.	Bethel	231
10.	St. Catherine	262
11.	Hamline	287
12.	Concordia	309

1997

Nov. 1 – St. Olaf College – Northfield, Minn.

1.	St. Thomas	29
2.	St. Olaf	78
3.	Saint Benedict	87
4.	Gustavus	138
5.	Carleton	158
6.	Macalester	165
7.	Saint Mary's	203
8.	Bethel	230
9.	St. Catherine	242
10.	Concordia	258
11.	Hamline	286
12.	Augsburg	298

1998

Oct. 31 – Como Golf Course – St. Paul, Minn.

1.	St. Olaf	51
2.	Macalester	60
3.	Concordia	109
4.	St. Thomas	117
5.	St. Catherine	121
6.	Carleton	135
7.	Bethel	170
8.	Saint Benedict	186
9.	Gustavus	196
10.	Saint Mary's	334
11.	Augsburg	338
12.	Hamline	348

1999

Oct. 30 – Como Golf Course – St. Paul, Minn.

1.	St. Olaf	46
2.	Macalester	69
3.	St. Thomas	70
4.	Concordia	115
5.	Carleton	118
6.	Saint Benedict	137
7.	Gustavus	145
8.	Bethel	247
9.	Augsburg	285
10.	Saint Mary's	300
11.	St. Catherine	329
12.	Hamline	347

2000

Oct. 28 – Como Golf Course – St. Paul, Minn.

1.	St. Olaf	36
2.	Concordia	56
3.	Carleton	105
4.	Bethel	133
5.	Macalester	145
6.	Gustavus	158
7.	Saint Benedict	160
8.	St. Thomas	177
9.	Augsburg	278
10.	Hamline	294
11.	Saint Mary's	304
12.	St. Catherine	360

2001

Oct. 27 – Como Golf Course – St. Paul, Minn.

1.	St. Olaf	72
2.	Gustavus	79
2.	Carleton	79
4.	Saint Benedict	104
5.	St. Thomas	107
6.	Concordia	116
7.	Macalester	218
8.	Bethel	222
9.	Hamline	265
10.	Saint Mary's	290
10.	Augsburg	290
12.	St. Catherine	350

ALL-TIME CHAMPIONSHIP RESULTS

2002

Nov. 2 – Como Golf Course – St. Paul, Minn.

1.	St. Olaf	44
2.	Carleton	63
3.	Saint Benedict	94
4.	Gustavus	111
5.	St. Thomas	114
6.	Concordia	145
7.	Macalester	181
8.	Hamline	206
9.	Augsburg	265
10.	Bethel	307
11.	Saint Mary's	309
12.	St. Catherine	323

2006

Como Golf Course – St. Paul, Minn.

1.	St. Thomas	73
2.	Carleton	92
3.	St. Olaf	113
4.	Gustavus	114
5.	Saint Benedict	125
6.	Macalester	151
7.	Concordia	157
8.	Hamline	171
9.	Saint Mary's	214
10.	Bethel	221
11.	St. Catherine	317
12.	Augsburg	371

2010

Oct. 30 – Como Golf Course – St. Paul, Minn.

1.	St. Olaf	53
2.	St. Thomas	89
3.	Carleton	92
4.	Gustavus	93
5.	Bethel	95
6.	Saint Benedict	121
7.	Hamline	180
8.	Concordia	190
9.	Macalester	252
10.	Saint Mary's	319
11.	St. Catherine	329
12.	Augsburg	369

2003

Nov. 1 – Como Golf Course – St. Paul, Minn.

1.	Gustavus	68
2.	St. Olaf	80
3.	St. Thomas	105
4.	Carleton	106
5.	Saint Benedict	133
6.	Macalester	144
7.	Hamline	178
8.	Concordia	228
9.	Saint Mary's	252
10.	Bethel	266
11.	Augsburg	278
12.	St. Catherine	308

2007

Como Golf Course – St. Paul, Minn.

1.	St. Thomas	74
2.	Carleton	76
3.	St. Olaf	80
4.	Bethel	114
5.	Saint Benedict	123
6.	Gustavus	133
7.	Concordia	170
8.	Macalester	178
9.	Hamline	204
10.	St. Catherine	324
11.	Saint Mary's	339
12.	Augsburg	345

2011

Oct. 29 – Como Golf Course – St. Paul, Minn.

1.	Carleton	33
2.	St. Olaf	52
3.	Gustavus	82
4.	St. Thomas	91
5.	Saint Benedict	130
6.	Bethel	190
7.	Concordia	193
8.	Hamline	199
9.	Macalester	233
10.	St. Catherine	263
11.	Augsburg	351
12.	Saint Mary's	357

2004

Oct. 30 – Como Golf Course – St. Paul, Minn.

1.	Carleton	71
2.	Gustavus	100
3.	St. Thomas	104
4.	St. Olaf	123
5.	Macalester	132
6.	Augsburg	175
7.	Saint Benedict	183
8.	Concordia	197
9.	Hamline	204
10.	Bethel	212
11.	St. Catherine	267
12.	Saint Mary's	297

2008

Nov. 1 – Como Golf Course – St. Paul, Minn.

1.	St. Thomas	66
2.	Bethel	68
3.	Carleton	71
4.	St. Olaf	104
5.	Hamline	136
6.	Saint Benedict	169
7.	Gustavus	185
8.	Macalester	193
9.	Concordia	233
10.	Saint Mary's	285
11.	St. Catherine	305
12.	Augsburg	319

2012

Oct. 27 – Como Golf Course – St. Paul, Minn.

1.	Gustavus	57
2.	St. Olaf	60
3.	Carleton	68
4.	St. Thomas	102
5.	Saint Benedict	170
6.	Concordia	177
7.	Hamline	199
8.	Macalester	215
9.	St. Catherine	220
10.	Augsburg	261
11.	Bethel	287
12.	Saint Mary's	324

2005

Como Golf Course – St. Paul, Minn.

1.	Carleton	75
2.	St. Thomas	81
3.	St. Olaf	82
4.	Gustavus	91
5.	Macalester	124
6.	Saint Benedict	185
7.	Hamline	196
8.	Saint Mary's	233
9.	Concordia	248
10.	Augsburg	255
11.	Bethel	284
12.	St. Catherine	325

2009

Oct. 31 – Como Golf Course – St. Paul, Minn.

1.	Carleton	65
2.	Bethel	91
3.	St. Thomas	94
4.	St. Olaf	98
5.	Hamline	125
6.	Gustavus	136
7.	Saint Benedict	143
8.	Macalester	162
9.	Concordia	218
10.	St. Catherine	276
11.	Saint Mary's	344
12.	Augsburg	386

2013

Nov. 2 – Como Golf Course – St. Paul, Minn.

1.	Carleton	51
2.	St. Olaf	69
3.	Saint Benedict	115
4.	Macalester	136
5.	Gustavus	155
6.	Hamline	159
7.	St. Thomas	181
8.	Bethel	211
9.	St. Catherine	233
10.	Concordia	252
11.	Saint Mary's	272
12.	Augsburg	301

ALL-TIME CHAMPIONSHIP RESULTS

2014

Nov. 1 – Como Golf Course – St. Paul, Minn.

1.	Carleton	42
2.	St. Olaf	58
3.	St. Thomas	94
4.	Saint Benedict	100
5.	Macalester	139
6.	Gustavus	175
7.	Bethel	221
8.	Augsburg	242
9.	St. Catherine	260
10.	Hamline	285
11.	Concordia	295
12.	Saint Mary's	306

2018

Oct. 27 – St. Olaf College – Northfield, Minn.

1.	Carleton	32
2.	St. Thomas	79
3.	St. Olaf	106
4.	Saint Benedict	149
4.	Hamline	150
6.	Gustavus	153
7.	Macalester	173
8.	Bethel	179
9.	Concordia	231
10.	St. Catherine	245
11.	Saint Mary's	338
12.	Augsburg	INC

2023

Oct. 28 – Carleton College – Northfield, Minn.

1.	Carleton	25
2.	St. Olaf	51
3.	Saint Benedict	87
4.	St. Scholastica	119
5.	Bethel	150
6.	Gustavus	178
7.	Concordia	185
8.	Macalester	232
9.	Hamline	255
10.	Saint Mary's	308
11.	Augsburg	323
12.	St. Catherine	371

2015

Oct. 31 – Como Golf Course – St. Paul, Minn.

1.	Carleton	61
2.	St. Thomas	72
3.	St. Olaf	97
4.	Saint Benedict	107
5.	Macalester	129
6.	Gustavus	150
7.	Concordia	192
8.	Bethel	244
9.	Augsburg	261
10.	Hamline	273
11.	St. Catherine	275
12.	Saint Mary's	365

2019

Nov. 2 – Carleton College – Northfield, Minn.

1.	Carleton	25
2.	St. Thomas	68
3.	St. Olaf	79
4.	Gustavus	108
5.	Concordia	149
6.	Saint Benedict	191
7.	Macalester	203
8.	Hamline	224
9.	Bethel	250
10.	St. Catherine	272
11.	Saint Mary's	343
12.	Augsburg	360

2024

Nov. 2 – St. Olaf College – Northfield, Minn.

1.	St. Olaf	34
2.	Carleton	54
3.	St. Scholastica	99
4.	Gustavus	108
5.	Bethel	120
6.	Macalester	156
7.	Saint Benedict	166
8.	Concordia	192
9.	Hamline	257
10.	Saint Mary's	272
11.	St. Catherine	325
12.	Augsburg	380

2016

Oct. 29 – Como Golf Course – St. Paul, Minn.

1.	St. Thomas	50
2.	Carleton	67
3.	St. Olaf	69
4.	Saint Benedict	128
5.	Macalester	150
6.	St. Catherine	191
7.	Concordia	206
8.	Hamline	223
9.	Bethel	226
10.	Augsburg	238
11.	Gustavus	259
12.	Saint Mary's	335

2020

Championship canceled due to
COVID-19 pandemic

2021

Oct. 30 – St. Olaf College – Northfield, Minn.

1.	St. Olaf	37
2.	Carleton	43
3.	Gustavus	97
4.	Bethel	123
5.	Saint Benedict	127
6.	Macalester	153
7.	Concordia	197
8.	St. Scholastica	201
9.	Hamline	228
10.	St. Catherine	309
11.	Saint Mary's	330
12.	Augsburg	INC

2017

Oct. 28 – St. Olaf College – Northfield, Minn.

1.	Carleton	21
2.	St. Olaf	70
3.	St. Thomas	79
4.	Gustavus	126
4.	Bethel	126
6.	Macalester	189
7.	Hamline	208
8.	Saint Benedict	209
9.	Concordia	246
10.	St. Catherine	278
11.	Saint Mary's	355
12.	Augsburg	388

2022

Oct. 29 – Highland 9 – St. Paul, Minn.

1.	Carleton	27
2.	St. Olaf	42
3.	Saint Benedict	88
4.	Macalester	141
5.	Gustavus	146
6.	Bethel	159
7.	Concordia	203
8.	St. Scholastica	207
9.	Hamline	259
10.	Saint Mary's	326
11.	Augsburg	335
12.	St. Catherine	341

2003

09.09	Nicole Petersen.....	Gustavus
09.16	Leah Wurm.....	Saint Benedict
09.23	Amy Lyons.....	Bethel
09.30	Koby Hagen.....	Macalester
10.07	Leah Wurm.....	Saint Benedict
10.14	Marit Grorud.....	St. Olaf
10.21	Brigid Power.....	St. Thomas
11.28	Nicole Petersen.....	Gustavus

2005

09.28	Hailey Harren.....	Gustavus
10.05	Leah Wurm.....	Saint Benedict
10.12	Natalie Hanson.....	Concordia
10.19	Jenna Carlson.....	St. Olaf
11.02	Hailey Harren.....	Gustavus

2006

09.13	Karen Campbell.....	Carleton
09.20	Hailey Harren.....	Gustavus
09.27	Hailey Harren.....	Gustavus
10.04	Erin Weier.....	St. Olaf
10.04	Jenny Olin.....	St. Thomas
10.11	Rachel Carpentier.....	Concordia
11.01	Hailey Harren.....	Gustavus

2007

09.18	Margot Branigan.....	Saint Benedict
09.24	Katie Theisen.....	St. Thomas
10.01	Marie Borner.....	Bethel
10.08	Kristin Haubrich.....	Saint Benedict
10.16	Marie Borner.....	Bethel
10.29	Marie Borner.....	Bethel

2008

09.15	Marie Borner.....	Bethel
09.22	Annie Knutson.....	St. Olaf
09.29	Marie Borner.....	Bethel
10.06	Hailey Brenden.....	Concordia
10.13	Katie Theisen.....	St. Thomas
10.20	Marie Borner.....	Bethel
10.20	Simone Childs-Walker.....	Carleton

2009

09.14	Marie Borner.....	Bethel
09.21	Greta Sieve.....	St. Catherine
09.28	Marie Borner.....	Bethel
10.05	Kelly Russ.....	St. Thomas
10.12	Laura Roach.....	Carleton
10.19	Marie Borner.....	Bethel
11.02	Marie Borner.....	Bethel

2010

09.13	Simone Childs-Walker.....	Carleton
09.20	Maren Westby.....	St. Olaf
09.27	Simone Childs-Walker.....	Carleton
10.04	Rachel Dean.....	St. Olaf
10.11	Taylor Berg.....	St. Thomas
10.18	Maren Westby.....	St. Olaf
11.01	Maren Westby.....	St. Olaf

2011

09.12	Emma Lee.....	St. Olaf
09.19	Simone Childs-Walker.....	Carleton
09.26	Simone Childs-Walker.....	Carleton
10.03	Simone Childs-Walker.....	Carleton
10.10	Sophie Pietrick.....	St. Olaf
10.17	Bailey Drewes.....	Saint Benedict

2012

09.05	Hannah Knickerbocker.....	Concordia
09.10	Caitlin Fermoye.....	Gustavus
09.17	Jorden Johnson.....	St. Olaf
09.24	Colette Celichowski.....	Carleton
10.01	Taylor Berg.....	St. Thomas
10.15	Jorden Johnson.....	St. Olaf

2013

09.04	Noelle Olson.....	St. Olaf
09.10	Caitlin Fermoye.....	Gustavus
09.17	Ailee Larson.....	St. Catherine
09.24	Noelle Olson.....	St. Olaf
10.01	Colette Celichowski.....	Carleton
10.08	Ailee Larson.....	St. Catherine
10.15	Ailee Larson.....	St. Catherine
10.22	Kimber Meyer.....	Macalester

2014

09.02	Annika Halverson.....	Bethel
09.09	Erin Statz.....	St. Thomas
09.16	Colette Celichowski.....	Carleton
09.23	Erin Statz.....	St. Thomas
09.30	Kimber Meyer.....	Macalester
10.07	Ruth Steinke.....	Carleton
10.14	Kimber Meyer.....	Macalester
10.21	Ruth Steinke.....	Carleton

2015

09.08	Ruth Steinke.....	Carleton
09.15	Ruth Steinke.....	Carleton
09.22	Kimber Meyer.....	Macalester
09.28	Kimber Meyer.....	Macalester
10.06	Ruth Steinke.....	Carleton
10.13	Kaya Baker.....	Concordia
10.20	Annika Halverson.....	Bethel

2016

09.06	Emily Kaegi.....	Carleton
09.13	Taybri Irving.....	Augsburg
09.20	Bridget McGivern.....	St. Thomas
09.27	Kimber Meyer.....	Macalester
10.04	Bridget McGivern.....	St. Thomas
10.11	Taybri Irving.....	Augsburg
10.18	Emily Kaegi.....	Carleton

2017

09.05	Annika Halverson.....	Bethel
09.12	Morgan Pierce.....	Saint Benedict
09.19	Meg Mathison.....	Carleton
09.26	Emily Kaegi.....	Carleton
10.03	Meg Mathison.....	Carleton
10.10	Bryony Hawgood.....	St. Olaf
10.17	Meg Mathison.....	Carleton

2018

09.04	Morgan Pierce.....	Saint Benedict
09.11	Olivia Moll.....	St. Thomas
09.18	Morgan Pierce.....	Saint Benedict
09.25	Amanda Mosborg.....	Carleton
10.02	Emma Greenlee.....	Carleton
10.09	Kara Andersen.....	Concordia
10.16	Morgan Pierce.....	Saint Benedict

2019

09.03	Olivia Moll.....	St. Thomas
09.10	Clara Mayfield.....	Carleton
09.17	Olivia Moll.....	St. Thomas
09.24	Clara Mayfield.....	Carleton
10.08	Bryony Hawgood.....	St. Olaf
10.22	Amanda Mosborg.....	Carleton

2020-21

03.22	Julia Clark.....	St. Catherine
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2021

09.07	Fiona Smith.....	Saint Benedict
09.14	Fiona Smith.....	Saint Benedict
09.21	Clara Mayfield.....	Carleton
09.28	Fiona Smith.....	Saint Benedict
10.05	Fiona Smith.....	Saint Benedict
10.19	Fiona Smith.....	Saint Benedict

2022

09.06	Maj Lis Helmer.....	St. Scholastica
09.13	Fiona Smith.....	Saint Benedict
09.20	Clara Mayfield.....	Carleton
09.27	Fiona Smith.....	Saint Benedict
10.04	Fiona Smith.....	Saint Benedict
10.18	Clara Mayfield.....	Carleton

2023

09.05	Maj Lis Helmer.....	St. Scholastica
09.12	Fiona Smith.....	Saint Benedict
09.19	Fiona Smith.....	Saint Benedict
10.03	Fiona Smith.....	Saint Benedict
10.17	Fiona Smith.....	Saint Benedict

2024

09.03	Alison Bode.....	St. Olaf
09.10	Hannah Preisser.....	Carleton
09.17	Ashley Nelson.....	Concordia
09.24	Hannah Preisser.....	Carleton
10.08	Hannah Preisser.....	Carleton
10.22	Hannah Preisser.....	Carleton

<u>SCHOOL</u>	<u>APPEARANCES</u>	<u>BEST FINISH</u>
St. Olaf	29 (1986-87-88-89-92-93-94-95-96-97-98-99-2000-01-02-07-09-10-11-12-13-14-15-16-17-21-22-23-24)	4th (1999)
Carleton	25 (1985-88-89-91-93-95-2002-04-05-06-08-09-11-12-13-14-15-16-17-18-19-21-22-23-24)	1st (2023)
St. Thomas	22 (1982-83-84-85-86-87-88-89-90-91-92-95-96-98-99-2005-06-07-08-15-16-17)	1st (1982-84-86-87)
Macalester	4 (1993-98-99-2005)	8th (1999)
Gustavus	3 (1995-2003-12)	12th (2003)
Concordia	2 (1990-2000)	9th (1990)
Saint Benedict	2 (1994-97)	12th (1997)
Bethel	1 (2008)	19th (2008)

<u>SCHOOL</u>	<u>INDIVIDUAL NATIONAL CHAMPIONS</u>
Gustavus	2 (1992-2005)
Carleton	2 (1987-88)
Saint Benedict	1 (2023)
Bethel	1 (2008)
St. Thomas	1 (1986)
Macalester	1 (1984)

YEAR – NAME, SCHOOL (TIME, PLACE, HONORS)

1982 **DEBRA THOMETZ, St. Thomas**
19:01 2nd place All-America

SARAH HINTZ, St. Thomas
19:02 3rd place All-America

TERESA MAYER, St. Thomas
19:23 6th place All-America

LINDA CHANNER, Bethel
19:43 12th place All-America

WENDY NORBERG, Bethel
20:07 23rd place All-America

MICHELLE BRISBOIS, St. Thomas
20:18 29th place

LAURA INDERIEDEN, St. Thomas
20:31 36th place

1983 **JENNIFER HINTZ, St. Thomas**
16:38 2nd place All-America

LINDA ZEMAN, Macalester
16:50 4th place All-America

JULIA KIRTLAND, Macalester
16:55 6th place All-America

SARAH HINTZ, St. Thomas
16:56 7th place All-America

MICHELLE BRISBOIS, St. Thomas
17:46 25th place All-America

ELISE WROLSTEAD, St. Olaf
17:59 39th place

MOIRA SWEENEY, St. Thomas
18:00 40th place

CINDY HENNESSY, St. Thomas
18:06 45th place

1984 **JULIA KIRTLAND, Macalester**
17:23.55 1st place All-America

SARAH HINTZ, St. Thomas
17:47.86 5th place All-America

CINDY HENNESSEY, St. Thomas
18:08.93 9th place All-America

1984 **ELIZABETH VITALIS, Concordia**
18:13.06 14th place All-America

LAURA INDERIEDEN, St. Thomas
18:14.69 16th place All-America

MOIRA SWEENEY, St. Thomas
18:22.49 24th place All-America

JENNIFER SCHULTZ, St. Thomas
18:37.18 30th place

NADINE SANDERS, St. Olaf
18:47.54 38th place

MARTA LAUGHLIN, St. Thomas
18:57.47 46th place

1985 **JULIA KIRTLAND, Macalester**
18:41 2nd place All-America

CINDY HENNESSY, St. Thomas
19:12 8th place All-America

MICHELLE STONE, St. Thomas
19:34 19th place All-America

SHARON SULLIVAN, St. Thomas
19:37 22nd place All-America

SHELLEY SCHERER, Carleton
19:55 32nd place

MARTA LAUGHLIN, St. Thomas
20:05 36th place

1986 **LISA KOELFGEN, St. Thomas**
19:14.7 1st place All-America

JENNIFER HINTZ, St. Thomas
17:24 2nd place All-America

JULIA KIRTLAND, Macalester
20:13 5th place All-America

SHARI SULLIVAN, St. Thomas
20:23 19th place All-America

MICHELLE STONE, St. Thomas
21:21 37th place

JENNIFER LARSON, St. Olaf
21:26 42nd place

1986	PAULETTE GOODRICH, St. Thomas 21:27 43rd place	1988	KATHLEEN MORGAN, St. Thomas 19:06.5 35th place
	MARTA LAUGHLIN, St. Thomas 21:32 46th place		MILLICENT THWEATT, Bethel 19:08.7 38th place
1987	SHELLEY SCHERER, Carleton 17:36.0 1st place All-America		THERESE SWANSTROM, St. Olaf 19:12.7 43rd place
	SHARI SULLIVAN, St. Thomas 17:51.8 4th place All-America		JENNY HUELSMANN, St. Thomas 19:15.9 50th place
	ANNA PRINEAS, Carleton 17:56.6 7th place All-America	1989	MILLICENT THWEATT, Bethel 17:26 3rd place All-America
	JENNIFER HINTZ, St. Thomas 18:02.5 10th place All-America		GRETCHEN FARKAS, St. Thomas 17:26 4th place All-America
	JENNIFER LARSON, St. Olaf 18:12.2 15th place All-America		ELIZABETH CARPINO, Carleton 17:57 13th place All-America
	MAGGIE McRAITH, St. Thomas 18:24.1 24th place All-America		JENNIFER LARSON, St. Olaf 18:14 24th place All-America
	THERESE SWANSTROM, St. Olaf 18:32.4 28th place		TAMMY SCHOEN, St. Thomas 18:38 50th place
	DIANE LOUGHLIN, St. Thomas 18:44.8 41st place	1990	CHRISTINE FREDERICK, Concordia 18:33.3 25th place All-America
	ELIZABETH GOTZ, Macalester 18:45.2 42nd place		TANYA PRICKETT, St. Thomas 18:44.3 39th place
	CHERYL VOGEL, St. Thomas 18:52.7 48th place		MICHELLE AUGER, St. Thomas 18:54.7 44th place
1988	ANNA PRINEAS, Carleton 17:38.6 1st place All-America		CHERYL VOGEL, St. Thomas 18:58.5 48th place
	DIANE LOUGHLIN, St. Thomas 17:57.1 3rd place All-America		STACIA SHIFFLER, St. Olaf 19:01.0 50th place
	SHARI SULLIVAN, St. Thomas 18:04.8 4th place All-America	1991	MOIRA PETIT, St. Olaf 17:54 9th place All-America
	SHELLEY SCHERER, Carleton 18:56.2 28th place		KARI PEDERSEN, St. Thomas 18:04 15th place All-America
	PATTY SAVANICK, Bethel 18:58.9 31st place		KATY DEIGNAN, Saint Benedict 18:13 23rd place All-America
	JENNIFER LARSON, St. Olaf 19:00.4 33rd place		TANYA PRICKETT, St. Thomas 18:17 25th place All-America

1991	ANNE AVERY, Carleton 18:34 33rd place	1995	REBEKAH ORMSBY, Augsburg 18:02.8 10th place All-America
	CYNTHIA CONLEY, Carleton 18:37 37th place		LIISA JOHNSON, St. Thomas 18:09.2 20th place All-America
	MELANIE DUBAY, St. Thomas 18:39 40th place		TARA SCHNEIDER, St. Thomas 18:10.4 22nd place All-America
1992	SARAH EDMONDS, Gustavus 18:09.8 1st place All-America		KARA BLOOMQUIST, Gustavus 18:24.4 35th place All-America
	TARA SCHNEIDER, St. Thomas 18:30.7 16th place All-America		AMY OJARD, St. Olaf 18:33.8 46th place
	KARI PEDERSON, St. Thomas 18:42.7 24th place All-America	1996	PAULA ELSTROM, St. Thomas 18:12 9th place All-America
	RENAE BROWN, St. Olaf 18:51.7 30th place		HEATHER PHILLIPS, St. Thomas 18:14 13th place All-America
	JENNIFER TONKIN, Macalester 18:57.0 36th place		MELISSA SCHUCH, St. Thomas 18:26 22nd place All-America
	KATY DEIGNAN, Saint Benedict 19:05.8 46th place		JAYNA MATHIEU, St. Olaf 18:27 25th place All-America
1993	KELLY COPPS, St. Thomas 18:12.8 13th place All-America		HEIDI SICKLER, Carleton 18:47 45th place
	RENAE BROWN, St. Olaf 18:33.7 28th place		ANNA LEIGHTON, St. Olaf 18:50 49th place
1994	KELLY COPPS, St. Thomas 17:51.0 2nd place All-America	1997	ANNA LEIGHTON, St. Olaf 19:14 28th place All-America
	MISSY PETERSEN, Saint Benedict 17:56.3 3rd place All-America		BECCA WOLD, Gustavus 19:19 36th place
	DANA PETERSON, Gustavus 18:39.1 24th place All-America	1998	HEATHER PHILLIPS, St. Thomas 18:33.46 21st place All-America
	ALLISON WARNER, Macalester 18:40.4 26th place All-America		YARROW MOENCH, Macalester 18:42.57 29th place All-America
	KARA BLOOMQUIST, Gustavus 18:45.4 32nd place All-America		LIZ CONNORS, Macalester 18:59.39 50th place
	ANDREA EKERHOLM, St. Olaf 18:58.9 44th place	1999	MEGAN AUGER, Macalester 17:39.5 33rd place All-America
	KIRSTEN TRANDEN, St. Olaf 19:01.6 48th place		MEGAN DAYMONT, St. Olaf 17:41.0 36th place
	AMY NETTNER, St. Olaf 19:02.0 49th place		FAITH ESKOLA, Gustavus 17:42.1 37th place

1999	YARROW MOENCH, Macalester 17:45.0 40th place	2006	HAILEY HARREN, Gustavus 23:12 8th place All-America
	LIZ CONNORS, Macalester 17:45.8 42nd place		KATIE THEISEN, St. Thomas 24:00 38th place
	KELLY FARIS, St. Thomas 17:47.2 45th place		KATE MEYER, Carleton 24:01 41st place
	HEATHER PHILLIPS, St. Thomas 17:47.9 47th place	2007	MARIE BORNER, Bethel 21:48.0 17th place All-America
2000	KELLY FARIS, St. Thomas 18:12.3 4th place All-America		KATIE THEISEN, St. Thomas 21:51.2 20th place All-America
	MEGAN DAYMONT, St. Olaf 18:50.5 43rd place		NIKKI UMHOEFER, Bethel 22:10.2 35th place All-America
2001	KELLY FARIS, St. Thomas 17:44 21st place All-America	2008	MARIE BORNER, Bethel 20:43.91 1st place All-America
2002	MEGAN DAYMONT, St. Olaf 21:58.6 12th place All-America		KATIE THEISEN, St. Thomas 21:24.91 13th place All-America
	NICHOLE PETERSEN, Gustavus 22:39.4 43rd place	2009	MARIE BORNER, Bethel 21:45.8 2nd place All-America
2003	JEN SKALKO, Gustavus 23:11.6 44th place		SIMONE CHILDS-WALKER, Carleton 22:27.4 11th place All-America
	NICHOLE PETERSEN, Gustavus 23:11.9 45th place		LAURA ROACH, Carleton 22:39.3 25th place All-America
2004	LEAH WURM, Saint Benedict 22:07.7 14th place All-America		MARGOT BRANIGAN, Hamline 22:48.2 32nd place
	AMY LYONS, Bethel 22:14.3 18th place All-America		GRETA SIEVE, St. Catherine 22:58.4 41st place
	CASSIE FUNKE, Carleton 22:16.6 22nd place All-America	2010	EMMA LEE, St. Olaf 21:28.1 10th place All-America
	KEIDRA ANDERSON, Hamline 22:34.3 41st place	2011	EMMA LEE, St. Olaf 21:42.81 35th place All-America
2005	HAILEY HARREN, Gustavus 21:52.1 1st place All-America		ALISON SMYTH, Carleton 21:45.36 37th place
	KEIDRA ANDERSON, Hamline 22:31.9 10th place All-America		SIMONE CHILDS-WALKER, Carleton 21:53.60 46th place
	LEAH WURM, Saint Benedict 22:49.7 23rd place All-America		TAYLOR BERG, St. Thomas 21:55.00 49th place
	SARAH SCHILLACI, Carleton 23:13.8 45th place		

2012	EMMA LEE, St. Olaf 21:19.6 5th place All-America	2017	MEG MATHISON, Carleton 21:00.3 6th place All-America
	TAYLOR BERG, St. Thomas 21:23.8 8th place All-America		ANNIKA HALVERSON, Bethel 21:29.8 31st place All-America
	JORDEN JOHNSON, St. Olaf 21:25.4 9th place All-America		EMILY KAEGLI, Carleton 21:42.6 45th place
2013	ERIN STATZ, St. Thomas 21:36.6 22nd place All-America	2018	EMMA GREENLEE, Carleton 22:05.0 44th place
	RUTH STEINKE, Carleton 22:14.1 47th place		AMANDA MOSBORG, Carleton 21:39.9 13th place All-America
	NOELLE OLSON, St. Olaf 21:22.3 2nd place All-America		TIERNEY WINTER, Gustavus 21:51.1 18th place All-America
2014	KIMBER MEYER, Macalester 21:50.6 22nd place All-America	2019	BRYONY HAWGOOD, St. Olaf 22:03.0 28th place All-America
	RUTH STEINKE, Carleton 21:37.9 4th place All-America		CLARA MAYFIELD, Carleton 22:04.4 30th place All-America
	KIMBER MEYER, Macalester 21:49.4 7th place All-America		HELEN DOLAN, Hamline 22:10.8 37th place
2015	ERIN STATZ, St. Thomas 22:00.6 13th place All-America	2021	FIONA SMITH, Saint Benedict 20:58.4 5th place All-America
	SALLY DONOVAN, Carleton 22:49.4 69th place		CLARA MAYFIELD, Carleton 21:10.8 10th place All-America
	PIPER BAIN, St. Olaf 23:07.7 85th place		CLARA MAYFIELD, Carleton 21:55.7 3rd place All-America
2016	RUTH STEINKE, Carleton 21:31.4 5th place All-America	2022	HANNAH PREISSER, Carleton 22:16.7 15th place All-America
	PIPER BAIN, St. Olaf 21:39.0 19th place All-America		CHRISTINE ALBRECHT, St. Olaf 22:36.3 27th place All-America
	KIMBER MEYER, Macalester 21:43.4 30th place All-America		BELLA CALL, St. Olaf 22:55.1 50th place
2017	ANNIKA HALVERSON, Bethel 21:44.9 32nd place All-America	2023	FIONA SMITH, Saint Benedict 19:54.1 1st place All-America
	KIMBER MEYER, Macalester 21:36.2 49th place		HANNAH PREISSER, Carleton 21:22.5 14th place All-America
			PHOEBE WARD, Carleton 21:24.3 16th place All-America



HELEN CROSS, Carleton
21:56.9 41st place

ALIYA LARSEN, Carleton
21:59.3 46th place

2024 HANNAH PREISSER, Carleton
21:12.0 7th place All-America

ALISON BODE, St. Olaf
21:43.2 34th place All-America

FOUR-TIME ALL-AMERICA HONOREES

Julia Kirtland, Macalester 1983-84-85-86
Shari Sullivan, St. Thomas 1985-86-87-88

THREE-TIME ALL-AMERICA HONOREES

Sarah Hintz, St. Thomas 1982-83-84
Jennifer Hintz, St. Thomas 1983-86-87
Marie Borner, Bethel 2007-08-09
Emma Lee, St. Olaf 2010-11-12
Kimber Meyer, Macalester 2013-14-15
Fiona Smith, Saint Benedict 2021-22-23
Hannah Preisser, Carleton 2022-23-24

USTFCCCA NATIONAL ATHLETE OF THE YEAR

2005 Hailey Harren, Gustavus
2008 Marie Borner, Bethel
2023 Fiona Smith, Saint Benedict

USTFCCCA REGION ATHLETE OF THE YEAR

2005 Hailey Harren, Gustavus
2006 Hailey Harren, Gustavus
2008 Marie Borner, Bethel
2009 Marie Borner, Bethel
2014 Ruth Steinke, Carleton
2015 Ruth Steinke, Carleton
2017 Meg Mathison, Carleton
2021 Fiona Smith, Saint Benedict
2022 Fiona Smith, Saint Benedict
2023 Fiona Smith, Saint Benedict
2024 Hannah Preisser, Carleton

USTFCCCA NATIONAL COACH OF THE YEAR

2023 Donna Ricks, Carleton

USTFCCCA REGION COACH OF THE YEAR

1995 Chris Daymont, St. Olaf
1999 Chris Daymont, St. Olaf
2009 Donna Ricks, Carleton
2014 Donna Ricks, Carleton
2015 Joe Sweeney, St. Thomas
2016 Chris Daymont, St. Olaf
2017 Donna Ricks, Carleton
2018 Donna Ricks, Carleton
2019 Donna Ricks, Carleton
2022 Donna Ricks, Carleton
2023 Donna Ricks, Carleton

NCAA POSTGRADUATE SCHOLARSHIP RECIPIENTS

1989 Anna Prineas, Carleton
2003 Megan Daymont, St. Olaf
2007 Hailey Harren, Gustavus
2008 Nikki Umhoefer, Bethel
2013 Beth Hauer, Gustavus
2017 Kimber Meyer, Macalester

USTFCCCA SCHOLAR ATHLETE OF THE YEAR

2009 Marie Borner, Bethel

USTFCCCA NATIONAL ATHLETE OF THE WEEK

2021.09.20 Clara Mayfield, Carleton
2022.02.26 Fiona Smith, Saint Benedict
2023.09.18 Fiona Smith, Saint Benedict
2023.10.02 Fiona Smith, Saint Benedict

USTFCCCA ALL-REGION

2010 Alex Potter, Bethel
Kayla Jelen, Bethel
Cara Donohue, Bethel
Simone Childs-Walker, Carleton
Alison Smyth, Carleton
Taylor Ffitch, Carleton
Kate Eggers, Gustavus
Kim Rostvold, Gustavus
Beth Hauer, Gustavus
Jessica Kociscak, Hamline
Emma Lee, St. Olaf
Maren Westby, St. Olaf
Christine Muller, St. Olaf
Taylor Berg, St. Thomas
Allie Metzler, St. Thomas
Erin Statz, St. Thomas
2011 Mollie Gillberg, Bethel
Alison Smyth, Carleton
Simone Childs-Walker, Carleton
Taylor Ffitch, Carleton
Rachel Klehm, Carleton
Brooke Beskau, Gustavus
Kate Eggers, Gustavus
Beth Hauer, Gustavus
Sara Holland, Hamline
Manon Gammon-Deering, Saint Benedict
Maren Westby, St. Olaf
Emma Lee, St. Olaf
Christine Muller, St. Olaf
Rachel Dean, St. Olaf
Taylor Berg, St. Thomas
Erin Statz, St. Thomas
Larissa Peyton, St. Thomas

USTFCCCA ALL-REGION (cont.)

- 2012 Lauren Rice, Augsburg
Mollie Gillberg, Bethel
Ruth Steinke, Carleton
Shira Kaufman, Carleton
Sally Donovan, Carleton
Rebecca Hare, Gustavus
Beth Hauer, Gustavus
Caitlin Fermoye, Gustavus
Kate Eggers, Gustavus
Maria Theisen, Hamline
Rachel Gunsalus, Macalester
Kelsie Larson, Saint Benedict
Cathleen Gross, Saint Benedict
Emma Lee, St. Olaf
Jorden Johnson, St. Olaf
Becca Bevans, St. Olaf
Meggie Exner, St. Olaf
Taylor Berg, St. Thomas
Erin Statz, St. Thomas
- 2013 Ruth Steinke, Carleton
Winona Rachel, Carleton
Colette Celichowski, Carleton
Sally Donovan, Carleton
Melissa Uhrich, Concordia
Rebecca Hare, Gustavus
Hannah Toedter, Hamline
Kimber Meyer, Macalester
Anna Schmitz, Macalester
Manon Gammon-Deering, Saint Benedict
Katie Stolz, Saint Mary's
Noelle Olson, St. Olaf
Jorden Johnson, St. Olaf
Michaela Banz, St. Olaf
Megan Terukina, St. Thomas

USTFCCCA ALL-REGION (cont.)

- 2014 Annika Halverson, Bethel
Ruth Steinke, Carleton
Colette Celichowski, Carleton
Sally Donovan, Carleton
Nicole Nipper, Carleton
Lindsey Chavez, Carleton
Caitlin Fermoye, Gustavus
Lauren Shurson, Gustavus
Kimber Meyer, Macalester
Mira Ensley-Field, Macalester
Sarah Jonathan, Macalester
Manon Gammon-Deering, Saint Benedict
Amy Waananen, St. Olaf
Jamie Hoornaert, St. Olaf
Piper Bain, St. Olaf
Jorden Johnson, St. Olaf
Michaela Banz, St. Olaf
Jordan Lutz, St. Olaf
Kelsey Coulter, St. Olaf
Erin Statz, St. Thomas
Alex Fossum, St. Thomas
Melissa Engstrom, St. Thomas
Bridget McGivern, St. Thomas
- 2015 Taybri Irving, Augsburg
Annika Halverson, Bethel
Ruth Steinke, Carleton
Dorrian Jaffe, Carleton
Samantha Schnirring, Carleton
Kaya Baker, Concordia
Marit Sonnesyn, Gustavus
Kimber Meyer, Macalester
Sarah Jonathan, Macalester
Brooke Rasmussen, Saint Benedict
Piper Bain, St. Olaf
Morghen Philippi, St. Olaf
Jamie Hoornaert, St. Olaf
Emily Gapinski, St. Thomas
Bridget McGivern, St. Thomas
Alex Fossum, St. Thomas
Megan Terukina, St. Thomas

USTFCCCA ALL-REGION (cont.)

- 2016 Taybri Irving, Augsburg
Emily Kaegi, Carleton
Samantha Schnirring, Carleton
Sadie Novak-Klug, Gustavus
Kathleen Miles, Hamline
Madeline Dopp, Hamline
Kimber Meyer, Macalester
Allison Kosobud, Saint Benedict
Emma Weber, Saint Benedict
Leighlin Ahlstrom, St. Catherine
Rachel Hall, St. Catherine
Bryony Hawgood, St. Olaf
Jamie Hoornaert, St. Olaf
Jessica Bentley, St. Olaf
Jordan Lutz, St. Olaf
Mary Naas, St. Olaf
Alex Fossum, St. Thomas
Bridget McGivern, St. Thomas
Kayla Janto, St. Thomas
- 2017 Anna Hage, Bethel
Annika Halverson, Bethel
Ruthie Boyd, Carleton
Emma Greenlee, Carleton
Emily Kaegi, Carleton
Meg Mathison, Carleton
Sadie Novak-Klug, Gustavus
Lisa Fisher, St. Olaf
Bryony Hawgood, St. Olaf
Jordan Lutz, St. Olaf
Jena Moody, St. Olaf
Ali Glassbrenner, St. Thomas
Jenny Launder, St. Thomas
Melissa Marsh, St. Thomas
Amber Matzoll, St. Thomas
Sara Ness, St. Thomas
Becca Wilkin, St. Thomas

USTFCCCA ALL-REGION (cont.)

- 2018 Malakai Holloway, Bethel
Fiona Casey, Carleton
Marietta Geist, Carleton
Emma Greenlee, Carleton
Amanda Mosborg, Carleton
Sarah Nazarino, Carleton
Samantha Schnirring, Carleton
Helen Schuda, Carleton
Kara Andersen, Concordia
Meritt Miller, Concordia
Iliana Ramon, Gustavus
Tierney Winter, Gustavus
Helen Dolan, Hamline
Madeline Dopp, Hamline
Bernadette Hayden, Hamline
Marlee Yost-Wolff, Macalester
Abby Goff, Saint Benedict
Morgan Pierce, Saint Benedict
Lisa Fisher, St. Olaf
Bryony Hawgood, St. Olaf
Martha Hubbell, St. Thomas
Olivia Moll, St. Thomas
Becca Wilkin, St. Thomas
- 2019 Emma Greenlee, Carleton
Sophia Maag, Carleton
Clara Mayfield, Carleton
Amanda Mosborg, Carleton
Helen Schuda, Carleton
Kara Andersen, Concordia
Meritt Miller, Concordia
Kourtney Kulseth, Gustavus
Tierney Winter, Gustavus
Helen Dolan, Hamline
Stephanie Balas, St. Olaf
Lisa Fisher, St. Olaf
Bryony Hawgood, St. Olaf
Ellen Mickelson, St. Olaf
Molly Clarke, St. Thomas
Olivia Moll, St. Thomas
Sara Ness, St. Thomas
Carly Scheuerman, St. Thomas
- 2021 Mary Blanchard, Carleton
Helen Cross, Carleton
Clara Mayfield, Carleton
Libby Rowland, Carleton
Phoebe Ward, Carleton
Evelyn Villalobos, Gustavus
Emily DeMorett, Saint Benedict
Tracy Renier, Saint Benedict
Fiona Smith, Saint Benedict
Sofia Carlson, St. Olaf
Julia Everest, St. Olaf
Ellen Mickelson, St. Olaf
Sam Posey, St. Olaf
Maj-Lis Helmer, St. Scholastica

USTFCCCA ALL-REGION (cont.)

2022	Mary Blanchard, Carleton Helen Cross, Carleton Clara Mayfield, Carleton Sophie McManus, Carleton Hannah Preisser, Carleton Libby Rowland, Carleton Phoebe Ward, Carleton Evelyn Villalobos, Gustavus Maria Blaesing, Macalester Anne Kiolbasa, Saint Benedict Fiona Smith, Saint Benedict Christine Albrecht, St. Olaf Alison Bode, St. Olaf Sofia Carlson, St. Olaf Julia Everest, St. Olaf Katie Gebert, St. Olaf Lauren Walda, St. Olaf
2023	Mary Blanchard, Carleton Aliya Larsen, Carleton Sophie McManus, Carleton Hannah Preisser, Carleton Phoebe Ward, Carleton Anne Kiolbasa, Saint Benedict Fiona Smith, Saint Benedict Sophie Abernethy, St. Olaf Julia Everest, St. Olaf Katie Gebert, St. Olaf Ella Landis, St. Olaf Lauren Walda, St. Olaf Alli Hendrickson, St. Scholastica
2024	Nora Daley, Carleton Aliya Larsen, Carleton Sophie McManus, Carleton Hannah Preisser, Carleton Sydney hagen, Gustavus Molly Liston, Gustavus Kate Fox, Macalester Sophie Abernethy, St. Olaf Allison Bode, St. Olaf Grace Moeller, St. Olaf Lauren Walda, St. Olaf Isabel Wyatt, St. Olaf

CoSIDA ACADEMIC ALL-DISTRICT

2017	Kimber Meyer, Macalester Allison Kosobud, Saint Benedict Bridget McGivern, St. Thomas
2018	Annika Halverson, Bethel Meg Mathison, Carleton Ali Glassbrenner, St. Thomas
2019	Phoebe Aguiar, Macalester Morgan Pierce, Saint Benedict Marie Morrier, St. Catherine
2020	Amanda Mosborg, Carleton Helen Dolan, Hamline
2021	Birgen Nelson, Gustavus Helen Dolan, Hamline Alexandra Maddux, Hamline Paige Woldt, St. Olaf
2022	Birgen Nelson, Gustavus Elizabeth Donnelly, Gustavus Fiona Smith, Saint Benedict
2023	Mary Blanchard, Carleton Helen Cross, Carleton Sophie McManus, Carleton Hannah Preisser, Carleton Drew Frolek, Concordia Fiona Smith, Saint Benedict Sophie Abernethy, St. Olaf Alison Bode, St. Olaf Grace Moeller, St. Olaf Lauren Walda, St. Olaf Isabel Wyatt, St. Olaf Alli Hendrickson, St. Scholastica

CoSIDA ACADEMIC ALL-AMERICA

2017	Kimber Meyer, Macalester	First Team
2018	Annika Halverson, Bethel	Second Team
2022	Birgen Nelson, Gustavus	First Team
	Elizabeth Donnelly, Gustavus	Second Team
	Fiona Smith, Saint Benedict	Second Team
2023	Fiona Smith, Saint Benedict	First Team

USTFCCCA ALL-ACADEMIC

1997 Danielle Scheff, Augsburg
 Stephanie Simones, Augsburg
 Rachel Bjorklund, Bethel
 Kristine Rieke, Bethel
 Mari Severson, Bethel
 Angela Voight, Bethel
 Elizabeth Garrard, Carleton
 Lauren Hafner, Carleton
 Alice McPherson, Carleton
 Carolyn Quill, Carleton
 Gail Teitzel, Carleton
 Melinda Yale, Carleton
 Stephanie Collins, Concordia
 Lori Lotthamer, Concordia
 Sara Frykman, Gustavus
 LaDawn Osmundson, Gustavus
 Becca Wold, Gustavus
 Keri Gunderson, Hamline
 Gina Stine, Hamline
 Megan Auger, Macalester
 Kyla Hayford, Macalester
 Andrea Tietmeyer, Macalester
 Connie Gross, Saint Benedict
 Moriya McGovern, Saint Benedict
 Missy Petersen, Saint Benedict
 Katie Vanselow, Saint Benedict
 Melanie Ziskovsky, Saint Benedict
 Andrea Kdar, St. Catherine
 Megan Mackie, St. Olaf
 Katie Milbrett, St. Olaf
 Anne Sateren, St. Olaf
 Christina Vetter, St. Olaf

USTFCCCA ALL-ACADEMIC (cont.)

2005 Karen Campbell, Carleton
 Kate Meyers, Carleton
 Keidra Anderston, Hamline
 Koby Hagen, Macalester
 Callie Pastarr, Macalester
 Francie Streich, Macalester
 Leah Wurm, Saint Benedict
 Ellen Koranda, Saint Mary's
 Jenna Carlson, St. Olaf
 2006 Nikki Umhoefer, Bethel
 Karen Campbell, Carleton
 Eva Luderowski, Carleton
 Katherine Meyer, Carleton
 Sarah Bernhardson, Gustavus
 Hailey Harren, Gustavus
 Laccee Schrupp, Hamline
 Aileen Galatowitsch, Saint Benedict
 Brittney Schwager, St. Olaf
 2007 Nikki Umhoefer, Bethel
 Sarah Bernhardson, Gustavus
 Erin Lowrey, Macalester
 Casey Baustian, St. Olaf
 Jenna Carlson, St. Olaf
 Jacqueline Kelly, St. Olaf
 Julie Anderson, St. Thomas
 Katie Theisen, St. Thomas
 2008 Heather Jelen, Bethel
 Kristin Mork, Bethel
 Alex Potter, Bethel
 Karen Campbell, Carleton
 Simone Childs-Walker, Carleton
 Brooke Beskau, Gustavus
 Margot Branigan, Hamline
 Margaret Ho, Macalester
 Erin Lowrey, Macalester
 Kaycee Knutson, Saint Benedict
 Jenna Carlson, St. Olaf
 2009 Marie Borner, Bethel
 Heather Jelen, Bethel
 Kristin Mork, Bethel
 Simone Childs-Walker, Carleton
 Taylor Ffitch, Carleton
 Laura Roach, Carleton
 Alison Smyth, Carleton
 Margot Branigan, Hamline
 Emma Lee, St. Olaf
 Allie Metzler, St. Thomas

USTFCCCA ALL-ACADEMIC (cont.)

2010	Cara Donohue, Bethel Kayla Jelen, Bethel Simone Childs-Walker, Carleton Taylor Ffitch, Carleton Alison Smyth, Carleton Kate Eggers, Gustavus Beth Hauer, Gustavus Jessica Kociscak, Hamline Emma Lee, St. Olaf Christine Muller, St. Olaf Allie Metzler, St. Thomas Erin Statz, St. Thomas
2011	Simone Childs-Walker, Carleton Taylor Ffitch, Carleton Rachael Klehm, Carleton Kelly Lovett, Carleton Alison Smyth, Carleton Alyssa Deutschmann, Concordia Kaari Jensen, Concordia Brooke Beskau, Gustavus Kate Eggers, Gustavus Beth Hauer, Gustavus Becky Culp, Hamline Robyn Wernberg, Hamline Tara McCoy, Macalester Diane Beckius, Saint Benedict Danielle Busch, Saint Benedict Jillian Daleiden, Saint Benedict Allison Eckrich, Saint Benedict Manon Gammon-Deering, Saint Benedict Julia Renner, Saint Benedict Erin Sand, Saint Benedict Anna Williams, Saint Benedict Sara Harstad, Saint Mary's Brittany Kuehn, Saint Mary's Rachel Dean, St. Olaf Emma Lee, St. Olaf Christine Muller, St. Olaf Taylor Berg, St. Thomas Allie Metzler, St. Thomas Larissa Peyton, St. Thomas Christina Rozeske, St. Thomas Erin Statz, St. Thomas Emily Van Heel, St. Thomas Felisha Willaert, St. Thomas

USTFCCCA ALL-ACADEMIC (cont.)

2012	Laren Rice, Augsburg Mollie Gillberg, Bethel Sally Donovan, Carleton Shira Kaufman, Carleton Ruth Steinke, Carleton Kate Eggers, Gustavus Caitlyn Fermoye, Gustavus Rebecca Hare, Gustavus Beth Hauer, Gustavus Rachel Gunsalus, Macalester Meggie Exner, St. Olaf Jorden Johnson, St. Olaf Emma Lee, St. Olaf Rebecca Bevans, St. Olaf Taylor Berg, St. Thomas Erin Statz, St. Thomas
2013	Colette Celichowski, Carleton Ruth Steinke, Carleton Winona Rachel, Carleton Sally Donovan, Carleton Kazia Mermel, Carleton Melissa Uhrich, Concordia Rebecca Hare, Gustavus Hannah Toedter, Hamline Kimber Meyer, Macalester Anna Schmitz, Macalester Kathryn Keller-Miller, Saint Benedict Manon Gammon-Deering, Saint Benedict Jenna O'Donnell, Saint Benedict Caitlin Goodman, Saint Benedict Katie Stolz, Saint Mary's Ailee Larson, St. Catherine Noelle Olson, St. Olaf Jorden Johnson, St. Olaf Michaela Banz, St. Olaf Megan Terukina, St. Thomas

USTFCCCA ALL-ACADEMIC (cont.)

- 2014 Annika Halverson, Bethel
Nicole Nipper, Carleton
Sally Donovan, Carleton
Colette Celichowski, Carleton
Winona Rachel, Carleton
Ruth Steinke, Carleton
Lauren Shurson, Gustavus
Caitlin Fermoye, Gustavus
Sarah Jonathan, Macalester
Mira Ensley-Field, Macalester
Kimber Meyer, Macalester
Jenna O'Donnell, Saint Benedict
Bailey Drewes, Saint Benedict
Manon Gammon-Deering, Saint Benedict
Katie Stolz, Saint Mary's
Jamie Hoornaert, St. Olaf
Amy Waananen, St. Olaf
Michaela Banz, St. Olaf
Piper Bain, St. Olaf
Jorden Johnson, St. Olaf
Emily Gapinski, St. Thomas
Alex Fossum, St. Thomas
Melissa Engstrom, St. Thomas
Erin Statz, St. Thomas
Bridget McGivern, St. Thomas
- 2015 Taybri Irving, Augsburg
Annika Halverson, Bethel
Ruth Steinke, Carleton
Nicole Nipper, Carleton
Morgan Richmond, Carleton
Sam Schnirring, Carleton
Brianna Gruenberg, Concordia
Marit Sonnesyn, Gustavus
Lauren Shurson, Gustavus
Sarah Jonathan, Macalester
Kimber Meyer, Macalester
Brooke Rasmussen, Saint Benedict
Kiley Green, Saint Benedict
Piper Bain, St. Olaf
Morgheh Philippi, St. Olaf
Jamie Hoornaert, St. Olaf
Emily Gapinski, St. Thomas
Bridget McGivern, St. Thomas
Alex Fossum, St. Thomas
Megan Terukina, St. Thomas
Kayla Janto, St. Thomas
Megan Gossfeld, St. Thomas
Emily Gapinski, St. Thomas

USTFCCCA ALL-ACADEMIC (cont.)

- 2016 Taybri Irving, Augsburg
Madeline Cramer, Bethel
Marietta Geist, Carleton
Emily Kaegi, Carleton
Laura Nakasaka, Carleton
Sarah Nazarino, Carleton
Nicole Nipper, Carleton
Clare Trujillo, Carleton
Brianna Gruenberg, Concordia
Madeline Dopp, Hamline
Kathleen Miles, Hamline
Kimber Meyer, Macalester
Eliza Ramsey, Macalester
Allison Kosobud, Saint Benedict
Taylor Loth, Saint Benedict
Leighlin Ahlstrom, St. Catherine
Rachel Hall, St. Catherine
Jessica Bentley, St. Olaf
Bryony Hawgood, St. Olaf
Jamie Hoornaert, St. Olaf
Meredith Moore, St. Olaf
Alex Fossum, St. Thomas
Ali Glassbrenner, St. Thomas
Kayla Janto, St. Thomas
Bridget McGivern, St. Thomas
Jenny Walz, St. Thomas
- 2017 Anna Hage, Bethel
Annika Halverson, Bethel
Ruthie Boyd, Carleton
Emma Greenlee, Carleton
Emily Kaegi, Carleton
Meg Mathison, Carleton
Amanda Mosborg, Carleton
Sarah Anderson, Gustavus
Abigail Schnabel, Gustavus
Maddy Dopp, Hamline
Kathleen Miles, Hamline
Lea Davidson, Macalester
Elena Smith, Macalester
Marlee Yost-Wolff, Macalester
Morgan Pierce, Pierce
Lisa Fisher, St. Olaf
Jordan Lutz, St. Olaf
Jena Moody, St. Olaf
Mary Naas, St. Olaf
Ali Glassbrenner, St. Thomas
Melissa Marsh, St. Thomas
Amber Matzoll, St. Thomas
Sara Ness, St. Thomas
Jenny Walz, St. Thomas
Becca Wilkin, St. Thomas

USTFCCCA ALL-ACADEMIC (cont.)

2018 Fiona Casey, Carleton
 Marietta Geist, Carleton
 Emma Greenlee, Carleton
 Amanda Mosborg, Carleton
 Sarah Nazarino, Carleton
 Samantha Schnirring, Carleton
 Helen Schuda, Carleton
 Kara Andersen, Concordia
 Iliana Ramon, Gustavus
 Helen Dolan, Hamline
 Madeline Dopp, Hamline
 Bernadette Hayden, Hamline
 Alia Benedict, Macalester
 Marlee Yost-Wolff, Macalester
 Abby Goff, Saint Benedict
 Morgan Pierce, Saint Benedict
 Lisa Fisher, St. Olaf
 Bryony Hawgood, St. Olaf
 Lauren Herland, St. Olaf
 Ellen Mickelson, St. Olaf
 Meredith Moore, St. Olaf
 Katie Breuckman, St. Thomas
 Amber Matzoll, St. Thomas
 Olivia Moll, St. Thomas
 Carly Scheuerman, St. Thomas
 Becca Wilkin, St. Thomas

2019 Ruthie Boyd, Carleton
 Marietta Geist, Carleton
 Emma Greenlee, Carleton
 Sophia Maag, Carleton
 Amanda Mosborg, Carleton
 Helen Schuda, Carleton
 Kara Andersen, Concordia
 Meritt Miller, Concordia
 Kourtney Kulseth, Gustavus
 Iliana Ramon, Gustavus
 Helen Dolan, Hamline
 Stephanie Balas, St. Olaf
 Lisa Fisher, St. Olaf
 Bryony Hawgood, St. Olaf
 Ellen Mickelson, St. Olaf
 Katie Breuckman, St. Thomas
 Jenny Launder, St. Thomas
 Sara Miller, St. Thomas
 Olivia Moll, St. Thomas
 Sara Ness, St. Thomas
 Carly Scheuerman, St. Thomas

USTFCCCA ALL-ACADEMIC (cont.)

2021 Mary Blanchard, Carleton
 Helen Cross, Carleton
 Clara Mayfield, Carleton
 Libby Rowland, Carleton
 Phoebe Ward, Carleton
 Isabel Fredrickson, Concordia
 Lily Engebretson, Gustavus
 Evelyn Villalobos, Gustavus
 Maria Blaesing, Macalester
 Emily DeMorett, Saint Benedict
 Tracy Renier, Saint Benedict
 Fiona Smith, Saint Benedict
 Sophie Call, St. Olaf
 Sofia Carlson, St. Olaf
 Julia Everest, St. Olaf
 Ellen Mickelson, St. Olaf
 Sam Posey, St. Olaf
 Maj-Lis Helmer, St. Scholastica

2022 Mikayla Erlenborn, Bethel
 Josie Harms, Bethel
 Mary Blanchard, Carleton
 Helen Cross, Carleton
 Clara Mayfield, Carleton
 Sophie McManus, Carleton
 Hannah Preisser, Carleton
 Libby Rowland, Carleton
 Phoebe Ward, Carleton
 Evelyn Villalobos, Gustavus
 Alexandra Maddux, Hamline
 Maria Blaesing, Macalester
 Anne Kolbasa, Saint Benedict
 Fiona Smith, Saint Benedict
 Christine Albrecht, St. Olaf
 Alison Bode, St. Olaf
 Bella Call, St. Olaf
 Sofia Carlson, St. Olaf
 Julia Everest, St. Olaf
 Katie Gebert, St. Olaf
 Lauren Walda, St. Olaf
 Maj Lis Helmer, St. Scholastica

USTFCCCA ALL-ACADEMIC (cont.)

- 2023 Anna Cargill, Bethel
 Josie Harms, Bethel
 Mary Blanchard, Carleton
 Helen Cross, Carleton
 Nora Daley, Carleton
 Sophie McManus, Carleton
 Hannah Preisser, Carleton
 Libby Rowland, Carleton
 Phoebe Ward, Carleton
 Anne Kiolbasa, Saint Benedict
 Fiona Smith, Saint Benedict
 Sophie Abernethy, St. Olaf
 Alison Bode, St. Olaf
 Julia Everest, St. Olaf
 Katie Gebert, St. Olaf
 Ella Landis, St. Olaf
 Grace Moeller, St. Olaf
 Lauren Walda, St. Olaf
 Regan DeWitt, St. Scholastica
 Maj Lis Helmer, St. Scholastica
 Allison Hendrickson, St. Scholastica
- 2024 Nora Daley, Carleton
 Sophie McManus, Carleton
 Hannah Preisser, Carleton
 Libby Rowland, Carleton
 Sydney Hagen, Gustavus
 Molly Liston, Gustavus
 Kate Fox, Macalester
 Mary Kenney, Saint Benedict
 Sophie Abernethy, St. Olaf
 Allison Bode, St. Olaf
 Molly Kate McCloskey, St. Olaf
 Grace Moeller, St. Olaf
 Lauren Walda, St. Olaf
 Isabel Wyatt, St. Olaf

2006

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	NCAA
Carleton	16	--	--	--	--	--	31	28	--	--	--	16
St. Olaf	23	--	--	--	--	--	35	--	--	--	--	--
St. Thomas	28	--	--	--	--	--	21	25	--	--	--	18

2007

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	NCAA
Carleton	19	--	--	--	--	--	22	--	--	--	--	--
St. Olaf	--	--	--	--	--	--	24	26	--	--	--	30
St. Thomas	22	--	--	--	--	--	17	23	--	--	--	25

2008

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	NCAA
Bethel	14	13	10	12	11	11	14	14	24	--	--	--
Carleton	--	--	--	--	--	--	--	--	24	27	--	23
St. Olaf	--	--	--	--	--	--	--	--	RV	--	--	--
St. Thomas	23	--	--	--	--	--	--	--	12	14	--	14

2009

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	NCAA
Bethel	--	--	--	--	--	--	--	--	13	22	--	19
Carleton	18	19	19	16	18	18	20	20	16	12	--	11
St. Olaf	--	--	--	--	--	--	--	--	--	32	--	27
St. Thomas	11	11	14	19	21	21	23	23	26	34	--	--

2010

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	NCAA
Carleton	13	34	--	34	28	32	25	25	RV	33	--	--
Gustavus	RV	--	RV	--	--	--	--	--	--	--	--	--
St. Olaf	32	25	25	17	12	14	12	12	15	22	--	24
St. Thomas	22	17	28	RV	--	--	RV	RV	30	--	--	--

2011

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	NCAA
Carleton	27	24	22	22	16	14	23	23	9	16	--	9
Saint Benedict	--	--	--	RV	--	--	--	--	--	--	--	--
St. Olaf	25	16	15	13	14	13	11	11	15	19	--	10
St. Thomas	34	RV	RV	33	RV	RV	--	--	--	--	--	--

2012

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	RV	25	21	20	21	19	23	29	28	17
Gustavus	--	--	--	--	--	--	--	15	25	21
Saint Benedict	--	--	RV	--	--	--	RV	--	--	--
St. Olaf	12	12	11	11	12	12	13	18	13	8
St. Thomas	19	18	25	27	30	33	35	RV	--	--

2013

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	14	15	12	15	21	21	14	15	13	18
Gustavus	32	--	--	--	--	--	--	--	--	--
Saint Benedict	29	--	33	RV	RV	RV	30	30	RV	--
St. Olaf	18	12	16	19	18	18	23	22	20	26

2014

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	17	15	16	16	12	12	14	13	12	14
Macalester	--	RV	--	--	--	--	--	--	--	--
Saint Benedict	35	27	33	35	34	33	22	24	--	--
St. Olaf	21	18	19	20	19	19	18	15	15	27
St. Thomas	--	--	24	19	17	17	24	22	23	21

2015

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	14	13	12	12	12	11	16	14	29	17
Macalester	RV	--	--	--	--	--	--	--	--	--
Saint Benedict	--	--	--	--	RV	RV	--	--	--	--
St. Olaf	35	RV	29	22	23	22	RV	--	31	27
St. Thomas	29	27	23	32	34	30	23	24	17	26

2016

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	19	18	13	13	15	15	25	30	30	28
Macalester	31	--	--	--	--	--	--	--	--	--
St. Olaf	--	34	19	18	23	22	34	33	20	32
St. Thomas	15	14	12	22	26	26	29	28	26	20

2017

USTFCCCA

	PS	W1	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	21	23	15	10	11	11	9	9	7	5
St. Olaf	14	14	19	19	18	18	13	22	26	21
St. Thomas	17	17	22	RV	RV	--	33	29	30	22

2018

USTFCCCA

	PS	WI	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	9	9	9	8	6	6	11	12	10	10
St. Olaf	--	--	29	29	25	25	33	RV	--	--
St. Thomas	19	20	31	32	34	32	RV	33	--	--

2019

USTFCCCA

	PS	WI	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	6	7	9	8	13	12	9	6	6	5
Gustavus	RV	--	--	--	--	--	32	--	--	--
St. Olaf	26	31	32	33	22	22	RV	24	--	--
St. Thomas	19	21	20	15	16	16	14	16	--	--

2021

USTFCCCA

	PS	WI	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	16	20	18	17	21	21	22	20	22	21
St. Olaf	30	30	32	32	30	30	23	19	25	13

2022

USTFCCCA

	PS	WI	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	14	13	11	11	17	17	10	8	6	4
St. Olaf	16	15	15	15	14	14	9	12	12	8
Saint Benedict	--	--	RV	--	--	--	39	34	--	--

2023

USTFCCCA

	PS	WI	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	5	5	4	4	5	6	4	3	2	1
St. Olaf	9	9	9	9	12	12	23	22	20	16
Saint Benedict	24	25	32	33	34	RV	--	RV	--	--

2024

USTFCCCA

	PS	WI	W2	W3	W4	W5	W6	W7	W8	NCAA
Carleton	12	15	12	12	11	11	10	18	21	18
St. Olaf	14	12	16	16	18	19	17	14	15	17